



SEPTEMBER 2025

NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS.

Post 7907



POST MONTHLY MEETING SCHEDULE

Please Join Us

Event Planning Meeting
No meeting this month

Auxiliary General Meeting
6:30 PM | Tuesday - Sep. 9

**VFW Post Officers/House Committee
Chair Meeting**
6:00 PM | Monday - Sep. 15

VFW 7907 Post Meeting
7:00 PM | Thursday - Sep. 18

House Chairman Clean Up/Working Party
8:00 AM | Saturday Mornings

COMMANDER'S CALL:

Greetings,

Hope everyone had a great summer; now that school is back in, I am sure your dance cards are filling up fast. With only a few weeks before summer comes to a close and we all start making plans for all the upcoming fall events, let's not forget the big September we have planned. Starting off with our awesome Sunday breakfast, Wednesday lunches, and Friday dinners, so check the Post calendar and Facebook page not to miss out on some great chow.

Now Hear This... It is that time of year again, our 3RD ANNUAL RIBAPALOOZA in support of the SHELTER TO SOLDIERS organization, which gives service dogs to those veterans in need. It is our goal to sponsor at least one service animal a year. Please take a look at the flyers and calendar for the cost of this wonderful dinner, for which 100% of all profits will be given to make a veteran's life a bit better for all their sacrifices in support of this great country we call ours.

Our Post Auxiliary will be in charge of making sure that the September 20th POW/MIA Remembrance Ceremony will be performed, which will honor all those who did not make it home and those who did. Please come and support; all are welcome. FYI, tissues will be available; it's very emotional.

Ok, for those people who have been waiting for the NFL to return, it's over. And yes, I still am looking for Bear fans. We will be watching Monday Night Football starting on the 8th; come down and watch the Bears put the smack down on Jason's Vikings. We will have food and a football pool.

Our Wednesday night cornhole game is gaining speed; we have tripled in players over the summer and are looking forward to the

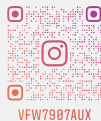
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VFWPost7907



VFWPost7907Aux



VFW7907AUX

Have an article for The Patriot? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.



2025-2026 Officers



Post 7907

Post Commander – Bill Kimble

Sr. Vice Commander – Butch Beltrain

Jr. Vice Commander – Deanna Kimble

Quartermaster – Tim Ragnar

Chaplain – Don Biadog, Jr.

Surgeon – Fred DiCarlo

Service Officer – Ed Ozmun

Adjutant – Paula Jansen

Judge Advocate – Paula Jansen

Guard – Henry Flores

1st Year Trustee – Daniel Samayoa

2nd Year Trustee – Bryan Gust

3rd Year Trustee – Paul Swanson

House Committee Chairman – Jason Widmer

Membership Chairman – Bill Kimble

Officer of the Day – Jim Cook

Canteen Manager – Vern DuMolt

Auxiliary Officers



President – Dawn Ragnar

Sr. Vice President – Leanna Brown

Jr. Vice President – Noel Gilchrist

Secretary – Kacyenne Barber

Treasurer – Kacyenne Barber

Chaplain – Christy Schiltz

Guard – Rachel Rocha

Conductor – Karen Kimble

1st Year Trustee – Connie Houk

2nd Year Trustee – Patty Wolinski

3rd Year Trustee – Deborah Sellers



COMMANDER'S CALL CONTINUED:

Fall play. So come down and join in the fun and food, bring the family, and make some memories 6PM to 9PM weekly.

I want to extend a huge BRAVO ZULU, which is Navy talk for "thank you," to all those wonderful volunteers who give unselfishly each month of their valuable time and sometimes even their pocketbooks. Without these great humans, who only ever receive a thank you or a drink card, our post would not exist. Much love to all of you. And to all of you out there who are just waiting on the next big thing to do, I think you will find it here at your Post.

I am happy to report we helped a veteran's family by purchasing and donating a wheelchair ramp. And we also donated \$1000 to the Miramar National Cemetery for the flagpole and flag maintenance program. Thank you, comrade Jerry, for matching that and bringing our total to \$2000.00.

If there is anyone out there who knows a veteran or a veteran family in need, please contact me, Chaps Don, Service Officer Ed, or the Post.

Please check the Post calendar for all things at the Post.

Finally, we are sorry for all the inconvenience in the parking lot; the Poway City Street Dept. is almost done with the work. Hang in there.

If you need me, call me. 858-722-2207

Cheers,

Commander Bill Kimble

Sept. 13th 100% of proceeds go to **SHELTER TO SOLDIER**

'RIBAPALOOZA'

TAKE HOME DINNER

DINNER FOR 2

- Full rack of bbq ribs
- Bill's Baked Beans & slaw
- Rolls & butter
- Ole Fashion Peach Cobbler

\$40

[dinner for 1 is 1/2 rack for \$20]

Saturday, 9/13

pick up 12pm -3pm

VFW Post 7907,

12342 Old Pomerado Rd

TICKETS AVAILABLE NOW!

I WANT YOU FOR THE SATURDAY MORNING WORK PARTY

Each Saturday at 8:00AM at the Post

For more info contact Tim Ragnar
timragnar@gmail.com

FROM THE AUXILIARY PRESIDENT:

THANK YOU to everyone who donated school supplies for our local teachers. The recipients were so incredibly grateful! In the spirit of donating, we also had a wonderful night at trivia. We were able to raise \$905 for Shelter to Soldier, and I hope everyone reading this continues our fundraising efforts and purchases a RIBAPALOOZA ticket (see page 2 for details).

Thanks to our new membership chair, Noel Gilchrist, I am happy to announce that our Auxiliary has met our membership goal, and we are now at 100%. Fantastic job Noel. Keep up the good work!

As I have mentioned in the past, the 1st and 3rd Friday of the month, the Auxiliary is responsible for serving dinners. Aside from our trivia night, attendance on our Fridays has actually left us in the RED (meaning, the Auxiliary lost money). So, we will give one last attempt at increasing attendance by changing the menus periodically. September 5th we will be serving burgers, macaroni salad & corn on the cob and September 19th will be meatball subs, Italian pasta salad and house salad. PLEASE invite your friends!

Our next Auxiliary meeting is September 9th, and we will be hosting our District Officers and providing dinner. Dinner will be tacos, rice & beans. All Auxiliary members are welcome to come at 5PM for dinner before our 6PM meeting.

Mark your calendar with these events:

September 13th – RIBAPALOOZA!!

September 20th – POW / MIA Remembrance Day

Thank you all again, and I hope to see you all soon!

Dawn Ragnar



Dear Dawn,

Thank you so much for your generous school supplies donation for our kindergarten students at Midland Elementary. The glue sticks, crayons, colored pencils, baby wipes, tissue, and the backpacks will be very helpful this year. We really appreciate your thoughtfulness and generosity. You're the best!

Sincerely,
Elsa Abe

FROM THE CANTEN MANAGER

Do you have a favorite drink, or have you heard of a drink you'd like to try? Maybe you were on a cruise or at a vacation spot and heard someone nearby ask for a drink, and when it arrived, it had a refreshing appeal to it?

As bartenders, we want to serve you a drink you'll enjoy, and we don't mind mixing drinks if we have all the ingredients. If the drink you ask for doesn't sound familiar, we may ask you, "What's in it?" If this happens, please don't be put off by the question. Giving us the main ingredients, such as rum, vodka, or bourbon, or the mixer, like pineapple juice, or a flavored liqueur, will help us look it up in our card file or cheat sheet, or even jog our memory. Sometimes we'll even use our phones to look it up on the internet if time permits.

So next time you're in, feel free to try something new. If it's new to us, we'll add it to our file so others can enjoy it too.

We look forward to serving you.

Vern DuMolt



SEPTEMBER IS NATIONAL SERVICE DOG MONTH

service dogs save lives!

September is National Service Dog Month, a time marked to pay tribute to the animals who support Veterans & civilians with special training to help with people dealing with PTSD, medical issues, and many other areas.

Did you know..

A service dog is trained for as long as two years at an expense that can reach as high as \$40,000. There is no single type of service dog for all medical issues. There are dogs trained to help the visually impaired, those with PTSD, to help people with epilepsy, and much more.

SEPTEMBER 1-30
WHEN YOU SEE THIS
SIGN POSTED, THE BARTENDER
WORKING WILL BE
DONATING THEIR TIPS TO A
LOCAL ORGANIZATION,
SHELTER TO SOLDIER

Donations will be made thru
the VFW 7907 Auxiliary

SHELTER TO SOLDIER
SAVING LIVES,
TWO AT A TIME

Pep Talk Inspires Thousands of Students in Talisay City

TALISAY CITY, NEGROS OCCIDENTAL, PHILIPPINES—One of the primary goals of “Going on Mission,” a U.S.-based volunteer team, was to uplift and encourage the students of Rafael B. Lacson Memorial High School (RBLMHS). On Monday, July 7, 2025, we witnessed a remarkable move of God as more than 6,000 students and staff from Grades 7–12 gathered for PEP TALK DAY, a Spiritual Values Formation event held in Talisay City.

We were warmly welcomed by Principal Dr. Marie Rose Echaz Pregua and her dedicated team, including Mary Grace B. Osunero, whose hospitality made the day unforgettable.

Despite the high humidity, students remained attentive and engaged, eager to hear dynamic messages and heartfelt testimonies from speakers including Harold Cox (Tennessee, USA); Travis Moore (former SBC pastor in CA and Louisiana, USA); Beth Mather (Talisay High School (THS) Class of 1976, Bridges of Peace, New Zealand); Fil Kakilala (THS Class of 1974 Valedictorian, Arkansas, USA); Kim Howell (member of 2nd Baptist Church, Houston, Texas, USA); and Millie Ibrado Mackey (member of 2nd Baptist Church, Houston, Texas, USA & THS Class of 1977 Valedictorian).

The event opened with an uplifting musical performance by KEB—a newly formed trio of Kyle, Emyrose, and Bryan from San Diego and Talisay. A highlight was the golden voice of Eileen Grace Gavilan, whose worship stirred hearts during the three-session morning gathering (7:30–11:30am). Seeing the joy on students’ faces—and reconnecting with my fellow THS 1976 classmates like Ana Marie Monsale—was deeply moving.

Evangelist Harold Cox and Pastor Travis Moore shared powerful messages of hope and salvation. For Travis, it was a historic return—he and his late wife Karen first visited Talisay High School (now RBLMHS) on September 6, 1974. Fifty-one years later, Travis returned to share the same gospel message, now as a widower, with renewed passion.

One of the most unforgettable moments was when I had the honor of leading a salvation prayer for approximately 2,000 students. It was deeply personal—many of us from THS Class of 1976 made our own commitment to Christ on that same campus decades ago. I will never forget September 6, 1974, May 19, 2023, and July 7, 2025—three Pep Talk Days that changed lives forever.

We are profoundly grateful to our generous supporters, including House of Prayer United Holy Church (Santa Ana, CA); Sonlight Church, See World Baptist Church, River of Life Church, Southwest Baptist Church (San Diego, CA); Linda Ravenscroft (Fall River, MA); Sam and Ylodia Dungca, Mike Sipe (La Jolla, CA); VFW Post 7907 Poway members; and many anonymous donors from the U.S. and the Philippines. Thanks to their kindness, we were able to feed and hydrate all 6,000 RBLMHS students and staff.

In addition to RBLMHS, we also held Pep Talk sessions and provided meals for over 800 students at Dos Hermanas High School and more than 200 SPED students and staff at Talisay Elementary School on July 3, 2025. Most of the 800 high school students prayed to receive Christ as Savior.

After the event, Operation Worship Bibles—courtesy of founders Jeff and Patti Hilliard—were distributed to senior high students. Most requested copies of the New Living Translation, eager to grow in their faith.

It was a morning of music, message, and mission—a Monday Motivation that planted seeds of transformation. I continue to pray that those who committed their lives to Christ will grow strong spiritually and become productive citizens of the Philippines—or wherever God leads them.

To God be the Glory!

Chaplain Don Biadog, Jr.



More than 6,000 Rafael B. Lacson Memorial High School (RBLMHS) students grade 7-12 attended the three separate sessions Pep Talk event on July 7, 2025, Talisay, Negros Occidental, Philippines. Most students made various commitments to Jesus Christ.



2,000 Rafael B. Lacson Memorial High School (RBLMHS) students grade 7-8 attended the first of three separate sessions Pep Talk event on July 7, 2025, Talisay, Negros Occidental, Philippines. Most students made various commitments to Jesus Christ.



Kim Howell, a member of Second Baptist Church, Houston, TX and NASA engineer, shares her testimony to Rafael B. Lacson Memorial High School (RBLMHS) students grade 9-10 who participated during the Pep Talk event on July 7, 2025, Talisay, Negros Occidental, Philippines. Howell, a dedicated professional from Houston, Texas, attributes her successful career at NASA to the guidance of Jesus Christ. Since joining NASA in 2001, she has exemplified excellence and commitment in her roles.



Retired SBC Pastor and former BMAA (Baptist Missionary Association of America) Missionary, Travis Moore, illustrates to one of the 11-12 grade students of Rafael B. Lacson Memorial High School (RBLMHS) the meaning of receiving eternal life in Jesus Christ as Savior during the 3rd session of Pep Talk event on July 7, 2025, Talisay, Negros Occidental, Philippines. Pastor Travis and his wife Karen shared the same gospel message to me and my fellow Talisay High School (former named of RBLMHS) students 51 years ago on September 6, 1974.

FOOTBALL

MONDAY NIGHTS

DRINK SPECIALS

FOOD

CANTEEN OPENS 3PM * KICK OFF IS 5:15PM

VFW POST 7907



BE SURE TO JOIN US FOR CAMARADERIE AND GOOD EATS...

FRIDAY NIGHT MENUS ARE CHANGING

SEPT 5

Burgers,
potato salad & beans

SEPT 12

Smoked BBQ pork
tenderloin sandwich,
Bill's baked beans &
coleslaw

SEPT 19

Meatball subs,
pasta salad & house
green salad

SEPT 26

Fried Cod
fries, coleslaw &
hushpuppies

**DINNER SERVED
6PM TIL GONE**

\$12 ADULTS / \$8 KIDS



Sunday BREAKFAST

Sept 28 | 9am - 11am

ADULT MEAL
2 EGGS (made to order)
HASHBROWNS
PANCAKES
SAUSAGE OR BACON

KIDS MEAL
2 EGGS (made to order)
Mini Pancakes or French Toast sticks

**ADULTS \$12
KIDS UNDER 10 \$8**



VFW Post 7907, 12342 Old Pomerado Rd., Poway

VFW POST 7907 INVITES YOU
SEPTEMBER 20, 2025

POW/MIA Remembrance Ceremony

Ceremony 11:30 am * FREE Lunch 12pm

12342 Old Pomerado Rd, Poway CA 92064

WE ALWAYS HAVE A SEAT FOR OUR MISSING COMRADES

Around the Post

Post General Meeting - August 21, 2025



State Sr. Vice CDR, Paula Jansen addresses the members during the meeting.



QM Tim Ragnar adds the All State, All American banners to the flag.



Smiling faces of some of our officers.



Past Post CDR Bob Parks (second from right) joined us at our meeting. It was great to see you again, Bob!

Post Improvements - August 2025



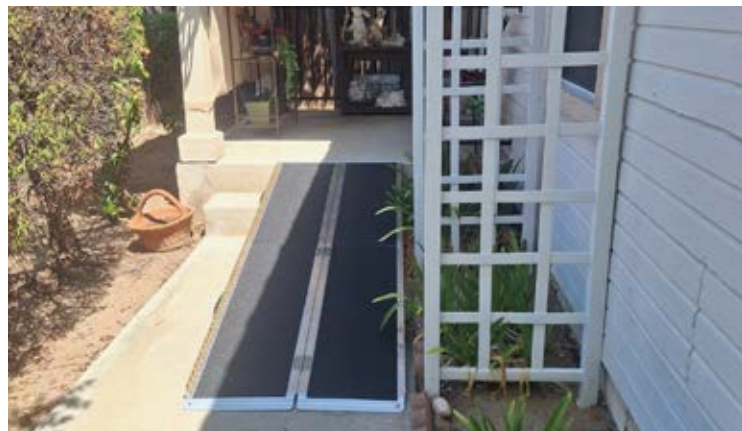
Freshly painted handicapped parking spaces in the Post parking lot.

Veterans Helping Veterans

August 2025



Chaplain Don, Paula & CDR Bill delivering a \$2000 check for the flag maintenance program at Miramar National Cemetery to Chairman Charlie & Lee. August 26, 2025.



The post purchased and donated a wheelchair ramp to a veteran family in need.

Around the Post

Wednesday Lunches - August 27 2025



Wednesday lunch crew with guest appearances by Paula (left photo) & Chad (right photo). Thanks for your help!



Pork tenderloin lunch served August 27, 2025.

Friday Dinner - August 22, 2025



Mary & Brian enjoying their fish fry.



Joe (left photo) & Karen (right photo) doing what they do best.

Sunday Breakfast - August 24, 2025



Sunday Breakfast Crew.



Order up!



Oscar enjoying his birthday breakfast.
Happy 70th!



Mary Beth singing Take Me Out to the Ball Game & the Friday night fans singing along.


We have a good time at the Post.

Join us for camaraderie, good eats and supporting veterans and their families.

Thank You to Our Sponsors and Volunteers

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DQ


Franchisee: Craig Engler
Veteran Owned

Locations

5950 Santo Road, San Diego, CA 92124
70 Town Center Parkway, Santee, CA 92071
1031 S. Santa Fe Avenue, Vista, CA 92084

SEPTEMBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Canteen Closed	2 Canteen Closed	3 11:00AM-7:00PM 11:30AM Beef stroganoff, noodles & veggies 12.00	4 3:00 PM-6:00PM	5 11:30PM-4:00PM 5:30PM Burger, macaroni salad & corn on the cob & dessert Adult meal - 12.00; Kid meal - 8.00	6 12:00 PM-6:00PM 8:00AM Saturday Work Party 3:00PM - 8:00PM Hall Rented
7 Canteen Closed	8 3:00 PM-6:00 PM 5:30PM - 9:30PM Monday Night Football Vikings @ Bears 10.00	9 3:00 PM-6:00 PM 5:00PM Auxiliary Dinner 6:00PM Auxiliary General Meeting	10 11:00AM-7:00PM 11:30AM Teriyaki chicken, rice & veggies 12.00	11 3:00 PM-6:00 PM	12 3:00PM-9:00PM 5:30PM Smoked BBQ pork tenderloin sandwich, baked beans, coleslaw & dessert Adult meal - 12.00; Kid meal - 8.00	13 12:00PM-6:00 PM 8:00AM Saturday Work Party 12:00PM-3:00PM RIBAPALOOZA! Fundraiser
14 Canteen Closed 3:00PM - 8:00PM Hall Rented	15 3:00PM-6:00 PM 5:30PM - 9:30PM Monday Night Football Buccaneers @ Texans Chargers @ Raiders 10.00 6:00PM VFW Post Officers / House Committee Chair Meeting	16 3:00 PM-6:00 PM	17 11:00AM-7:00PM 11:30AM Goulash, veggies & roll 12.00	18 3:00 PM-6:00 PM 6:00 PM VFW 7907 Post Members Only Happy Hour 7:00 PM VFW 7907 Post Meeting	19 3:00 PM-9:00 PM 5:30PM Meatball sub, pasta & house salad & dessert Adult meal - 12.00; Kid meal - 8.00	20 10:30PM-6:00 PM 8:00AM Saturday Work Party 11:30AM-12:30PM POW/MIA Remembrance Ceremony
21 Canteen Closed	22 3:00PM-6:00 PM 5:30PM - 9:30PM Monday Night Football Lions @ Ravens 10.00	23 3:00 PM-6:00 PM	24 11:00AM-7:00PM 11:30AM Baked chicken, pasta salad & corn on the cob 12.00	25 3:00 PM-6:00 PM	26 3:00PM-9:00 PM 5:30PM Deep fried cod, fries, coleslaw, hushpuppies & dessert Adult meal - 12.00; Kid meal - 8.00	27 12:00 PM-6:00 PM 8:00AM Saturday Work Party 10:00AM-1:00PM Vietnam Veterans Meeting
28 8:30 AM-12:00 PM 9:00AM - 11:00AM 2 eggs (made to order), hash browns, French toast sticks, bacon or sausage Adult meal - 12.00; Kid meal - 8.00	29 3:00PM-6:00 PM 5:30PM - 9:30PM Monday Night Football Bengals @ Broncos 10.00	30 3:00 PM-6:00 PM	<div> <p>Get Your Birthday Drink! Are you a Post or Auxiliary Life Member and is your birthday this month, then have a drink on us!</p>  </div>			

Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.