## News From LT Fred L. Kent • VFW Post 7907 Poway, CA







# **POST MONTHLY MEETING SCHEDULE**

Please Join Us

**Event Planning Meeting** No meeting this month

**Auxiliary General Meeting** 6:30 рм | Tuesday - Oct. 14

**VFW Post Officers/House Committee Chair Meeting** 

6:00 рм | Monday - Oct. 13

VFW 7907 Post Meeting 7:00 PM | Thursday - Oct. 16

House Chairman Clean Up/Working Party 8:00 AM | Saturday Mornings









VFWPost7907

VFWPost7907Aux

**Have an article for** *The Patriot?* Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with Newsletter Submission in the subject line.

#### COMMANDER'S CALL:

### Greetings All,

As we welcome in the fall season, let's remember what a wonderful summer we all enjoyed and how blessed we are to live here in such a great climate.

As always, I want to thank the dedicated volunteers, who continue to give their time and energy every month to support the Post and its patrons.

The Post and the Canteen had less than a stellar month. It was not because the volunteers didn't show up as they always do. It was because the over 600 members and their families failed to support our dinners, lunches, breakfast, and the many other events we offer each month. Those members and their families who are always at the Post showing their support are appreciated greatly. The overhead to keep our beloved Post operating is not getting any less. So I am asking if you live locally or not; please come and show your support to your Post.

Please check the monthly calendar, Facebook, or call the Post for upcoming events. Remember, monetary donations are always welcome.

I am happy to report we had a very successful Ribapalooza, for which all proceeds went to support the Shelters to Soldiers organization to purchase a service dog for a disabled veteran in need.

The POW/MIA ceremony was beautiful and touching. Thank you to everyone who helped to make it such a special day.

Continued on next page



## 



Post Commander - Bill Kimble

Sr. Vice Commander – Butch Beltrain

Jr. Vice Commander – Deanna Kimble

Quartermaster – Tim Ragnar

Chaplain – Don Biadog, Jr.

Surgeon - Fred DiCarlo

Service Officer - Ed Ozmun

Adjutant - Paula Jansen

Judge Advocate – Paula Jansen

**Guard – Henry Flores** 

1<sup>st</sup> Year Trustee – Daniel Samayoa

2<sup>nd</sup> Year Trustee – Bryan Gust

3rd Year Trustee – Paul Swanson

House Committee Chairman - Jason Widmer

Membership Chairman – Bill Kimble

Officer of the Day – Jim Cook

Canteen Manager - Vern DuMolt

# **Auxiliary Officers**

President – Dawn Ragnar

Sr. Vice President – Leanna Brown

Jr. Vice President – Noel Gilchrist

Secretary – Kacyenne Barber

Treasurer – Kacyenne Barber

Chaplain – Christy Schiltz

Guard - Rachel Rocha

Conductor - Karen Kimble

1st Year Trustee – Connie Houk

2<sup>nd</sup> Year Trustee – Patty Wolinski

3<sup>rd</sup> Year Trustee – Deborah Sellers



## **Honoring Our Own**



CDR Kimble presenting Fred DiCarlo an award for 40 years of continuous service to the VFW at his 95<sup>th</sup> birthday party.

### COMMANDER'S CALL: CONTINUED

The membership has voted to have a full Thanksgiving dinner on Thanksgiving Day for all active duty members who might need a home-cooked meal, any veterans and their families, and any Post members and their families. Bottom line: anyone who needs a place to have a great meal and enjoys a warm family setting donated by the Post. All side dishes are welcome. There will be a volunteer list in the canteen for all those who would like to help.

If there is anyone who knows of a veteran or their family in need, please contact me, our service officer, Chaplain Don, or the Post.

Cheers.

Commander Bill Kimble



Let me start by saying, I am so EXTREMELY grateful to belong to 7907. We (the Auxiliary and Post Comrades) are hands down, some of the best in our District! Thanks to everyone who supported our RIBAPALOOZA as well as our AMAZING volunteer bartenders, we were able to raise almost \$8,000 for Shelter to Soldier. And thanks to Poway Veterans Organization (PVO), they're donating \$2000 so we

I decided to try something "new" at the Post so we will be hosting a Craft & Sip night on Tuesday, October 21st. Please see page 6 for the details. This is a REGISTRATION required event. Because materials need to be pre-ordered, PLEASE don't wait until the last minute to let me know you're coming.

will be delivering a check for \$10,000!! THANK YOU all so

very much. I'm genuinely moved by everyone's generosity.

Again, THANK YOU to everyone for an amazing September and let's keep it up for the rest of 2025.

Mark your calendar with these events:

October 13- Navy Birthday Party / Monday Night Football

October 21 – Craft & Sip Night

November 10 – Marine Corps Birthday

November 11 – Veterans Day

December 6 – Post Christmas Party

January 10 - Military Ball

March 14 – Auxiliary Department President Homecoming at San Diego Air & Space Museum

Thank you all again and I hope to see you Auxiliary members at our October 14<sup>th</sup> meeting.

Dawn Ragnar





A HUGE thank you to everyone who purchased ribs to support our Ribapalooza! A SPECIAL THANKS to Robert & Cody May for pulling an over nighter smoking the meats; Commander Kimble for shopping, coordinating and cooking; all of the Post members who arrived at 3am to prep, cook, serve AND clean up; & Auxiliary members, Patty Canigilia, Christina Swanson & Mike Cobb.

Thanks for ALL of your hard work!

I'm happy to announce we've added a new member to our team of volunteer bartenders. Please welcome Tony Behrle, a new Auxiliary member and son of Tom Behrle, a life member of the Post. We're currently working out his schedule but he'll likely fill the shifts held by Deborah prior to her departure.

Also, Donald Balfour, a prospective Auxiliary member, and member of the Clampers has donated a case of 20-ounce glass beer mugs and suggested we have a special for the month of October.

In response to his suggestion and generosity, we will be running the following special for the month of October:

Pay a \$5 Rental fee on a 20-ounce Glass Mug and get \$1 off your favorite draft beer all month. The mugs will be kept here with your name on a list of members participating in the monthly special. This offer is limited to the first 16 members, but other specials are likely to occur throughout the year.

Proceeds from monthly mug rentals will go to the Post Relief fund.

Finally, please mark your calendars to show we are closed Friday, October 31 (Halloween), and check the rest of this newsletter for upcoming events

Vern Du Molt





# I WANT YOU FOR THE SATURDAY MORNING WORK PARTY

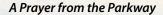
Each Saturday at 8:00AM at the Post For more info contact Tim Ragnar timragnar@gmail.com

# The Majestic Beauty of the Blue Ridge Parkway

October awakens the soul of the Blue Ridge Parkway. As the air turns crisp and the leaves ignite in brilliant shades of red, orange, and gold, this 469-mile stretch becomes a living canvas of God's artistry. Winding through 29 counties in North Carolina and Virginia, the Parkway is America's longest linear park, tracing the spine of the Blue Ridge Mountains, part of the ancient Appalachian range.

Each overlook offers a new perspective—valleys bathed in morning mist, ridgelines glowing at sunset, and forests ablaze with autumn's glory. Locals, travelers, and seekers alike come to witness the transformation, not just of the landscape, but of the heart.

But beyond its scenic beauty, the Parkway invites a deeper kind of journey—a spiritual one. In the hush of the woods, the whisper of the wind, and the grandeur of the mountains, we are reminded of the Creator's presence. It's a place to pause, reflect, and reconnect with the One who made it all.



Lord of the mountains and valleys,

Thank You for the breathtaking beauty of the Blue Ridge Parkway. As the leaves turn and the seasons shift, remind us of Your faithfulness— That You are the same yesterday, today, and forever.

Let this landscape stir our hearts to worship. Let the quiet paths lead us to peace. Let the colors of creation reflect the hope we have in You.

We pray for every traveler on this road—For safety, for wonder, and for moments of divine encounter. May this journey be more than scenic—may it be sacred. In the name of Jesus, Amen.

Here's an encouraging and spiritually rich poem that captures the wonder, peace, and prayerful moments you've experienced there:

#### Where the Mountains Speak

I've walked where the ridges rise and fall, Where autumn paints the trees with flame, And every mile along the Parkway calls My heart to worship in God's name.

The wind, it whispers through the leaves, A sacred hush, a holy sound. The valleys breathe beneath the eaves, And peace like rivers wraps around.











I've stood where mist and morning meet, Where sunbeams dance on golden trails, And felt the Spirit at my feet In quiet woods and rolling vales.

I've prayed for strength where mountains stand, For courage when the path grew steep, For healing by the Father's hand, And hope for those who walk and weep.

The Blue Ridge holds my whispered prayers, Each overlook a sacred place. And though I leave, my soul still dares To walk in wonder, held by grace.

So let the Parkway lead me on, Through seasons bright and skies of blue. For in these hills, my faith grows strong— And God walks every mile with you.

Here's your encouraging poem inspired by your visits to the Blue Ridge Parkway, paired with a Scripture verse that reflects the peace and presence of God found in nature.

## Where the Mountains Speak

I've wandered where the ridges rise, Where autumn paints the hills with flame, And every turn beneath the skies Whispers softly of God's name.

The wind, it sings through golden trees, A sacred hymn, a holy sound. The valleys breathe eternal peace, And grace flows gently all around.

I've prayed where silence holds the air, Where colors bloom and spirits lift. And in that stillness, God was there— A quiet voice, a healing gift.

So let the Parkway lead me on, Through seasons bright and skies of blue. For in these hills, my faith grows strong— And God walks every mile with you.

Scripture Pairing: Psalm 121:1-2 (NLT)

"I look up to the mountains—does my help come from there? My help comes from the Lord, who made heaven and earth."

Chaplain Don Biadog, Jr.



Dinner is Bratwurst & German potato salad and of course, there will be pretzels! Food is served at 6pm

# OCTOBER 3RD



\$12 Adults/\$8 Kids under 10

12342 Old Pomerado Rd



# October 21 Craft & Sip!



SCAN TO REGISTER

JOIN IN THE FUN AS WE PAINT A LITTLE & DRINK MORE!

THIS ISN'T YOUR AVERAGE "PAINT & SIP" NIGHT. IT'S MUCH LESS STRESSFUL!

THE EVENINGS CRAFTS WILL BE PRE-CUT AND YOU CAN PAINT AS MUCH

OR AS LITTLE AS YOU'D LIKE.

JUST CHOOSE 1 OF THE 6 DESIGNS LISTED AND BE READY FOR SOME FUN!



**H1** 



H<sub>2</sub>



F1



F2



C1



C2

WHEN: OCT. 21 @ 6PM

WHAT: CRAFT & PAINT THE DESIGN OF YOUR CHOICE. EACH PERSON GETS I FREE

DRINK INCLUDED

COST: \$40 PER PERSON

HOW TO REGISTER & PAY - SCAN THE QR CODE AT THE TOP OF THIS FLYER

WHERE: VFW POST 7907, 12342 OLD POMERADO RD, POWAY



MONDAY NIGHTS

DRINK SPECIALS

CANTEEN OPENS 3PM \* KICK OFF IS 5:15PM

**VFW POST 7907** 

# **Around the Post**

## POW MIA Remembrance Ceremony - Sep 20, 2025



Missing Man Table



Mary Beth singing the national anthem.



Post Officers remembering those who are Gone But Not Forgotten.



Aux President Dawn Ragnar reminding those in attendance why we remember...



CDR and Karen Kimble

# **Eternal Honors**

Dave Millard - Aug 31, 2025



 $\label{thm:control_problem} Farewell\ and\ following\ seas,\ Comrade\ Dave\ Millard,\ you\ will\ be\ missed.$ 



CDR Kimble lead the Eternal Honors Ceremony.



Draping of the charter in honor of our fallen comrade.



Many came to honor Dave and share their favorite memories of him.

# **Around the Post**

## RIBAPALOOZA - Sep 13, 2025





CDR Kimble, Karen, Cody May, Butch, & Fred making preps for RIBAPALOOZA.



Butch & CDR Kimble giving his best walrus impression.

## Wednesday Lunches - Sep 2025



Thanks to the lunch crew - Fred, Paula, Ray & Evelyn.



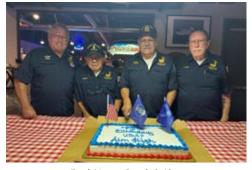
CDR Kimble's salad bar went great with the amazing tasting Goulash!

## Sunday Breakfast - Sep 27, 2025



Order up! Join us the last Sunday of each month for an amazing breakfast. Bring your family and friends.

## Air Force Birthday Celebration - Sep 18, 2025



Fred, Henry, Butch & Alan



No celebration is complete without cake.



Happy 78th Birthday USAF!



Folks enjoying the best breakfast in Poway.

# OCTOBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Get Your Birthday Drink! Are you a Post or Auxiliary Life Member and is your birthday this month, then have a drink on us!		1 11:00am-7:00pm 11:30am Chicken & tortellini, veggies & dessert 12.00	2 3:00 PM - 6:00 PM 5:00 PM - 8:00 PM Thursday Night Football 49 ers @ Rams BYOF	3 11:30 PM - 4:00 PM  5:30 PM  Oktoberfest Brats, kraut & German potato salad  Adult meal - 12.00; Kid meal - 8.00	4 12:00 pm-6:00 pm 8:00 am Saturday Work Party	
5 Canteen Closed	6 3:00 PM-6:00 PM  5:30 PM - 9:30 PM  Monday Night Football Chiefs @ Jaguars 10.00	7 3:00 рм - 6:00 рм	8 11:00 AM - 7:00 PM  11:30 AM  Meatloaf, mashed potatoes, veggies & dessert  12.00	9 3:00 PM-6:00 PM  5:00 PM - 8:00 PM  Thursday Night Football  Eagle @ Giants  BYOF	10 3:00 pm - 9:00 pm 5:30 pm Smoked BBQ pork tenderloin sandwich, baked beans, coleslaw & dessert Adult meal - 12.00; Kid meal - 8.00	11 12:00 pm-6:00 pm 8:00 am Saturday Work Party 5:00 pm - 10:00 pm Hall Rented
12 Canteen Closed	13 3:00 PM - 6:00 PM  5:30 PM - 9:30 PM  Monday Night Football  Bills @ Falcons  Bears @ Commanders  10.00  6:00 PM  VFW Post Officers /  House Committee  Chair Meeting	14 3:00 PM -6:00 PM 6:00 PM Auxiliary General Meeting	15 11:00 AM - 7:00 PM  11:30 AM  Chicken stroganoff, veggies & dessert  12.00	16 3:00 PM - 6:00 PM VFW 7907 Post Members Only Happy Hour 7:00 PM VFW 7907 Post Meeting 5:00 PM - 8:00 PM Thursday Night Football Steelers @ Bengals BYOF	17 3:00 pm - 9:00 pm  5:30 pm 2 Taco plate, rice & beans Adult meal - 12.00; Kid meal - 8.00	18 10:30 pm -6:00 pm 8:00 am Saturday Work Party 5:00 pm - 10:00 pm Hall Rented
19 Canteen Closed	20 3:00 PM - 6:00 PM  5:30 PM - 9:30 PM  Monday Night Football  Buccaneers @ Lions  Texans @ Seahawks  10.00	21 3:00 PM - 6:00 PM 6:00 PM - 8:00 PM Craft & Sip Pre-registration Required	22 11:00 AM-7:00 PM  11:30 AM  CDR's BBQ Tri Tip sandwich, fries & corn on the cob 12.00	23 3:00 PM - 6:00 PM  5:00 PM - 8:00 PM  Thursday Night Football Vikings @ Chargers BYOF	24 3:00 pm - 9:00 pm  5:30 pm  Deep fried cod, fries, coleslaw, hushpuppies & dessert  Adult meal - 12.00; Kid meal - 8.00	25 12:00 PM -6:00 PM 8:00 AM Saturday Work Party
26 8:30 AM - 12:00 PM  9:00 AM - 11:00 AM 2 eggs (made to order), hash browns, French toast sticks, bacon or sausage Adult meal - 12.00; Kid meal - 8.00	27 3:00pm-6:00pm 5:30pm – 9:30pm Monday Night Football Commanders @ Chiefs 10.00	28 3:00 рм - 6:00 рм	29 11:00 AM-7:00 PM  11:30 AM  Lasagna, salad, garlic bread & dessert  12.00	30 3:00 pm-6:00 pm 5:00 pm - 8:00 pm Thursday Night Football Ravens @ Dolphins BYOF	31 Canteen Closed  Happy Halloween Canteen Closed	

**Please Note:** We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.