



NOVEMBER 2025

NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS

Post 7907



Never Forget

POST MONTHLY MEETING SCHEDULE

Please Join Us

Event Planning Meeting
No meeting this month

Auxiliary General Meeting
6:30 PM | Tuesday - Nov. 4

**VFW Post Officers/House Committee
Chair Meeting**

6:00 PM | Monday - Nov. 17

VFW 7907 Post Meeting
7:00 PM | Thursday - Nov. 20

House Chairman Clean Up/Working Party
8:00 AM | Saturday Mornings

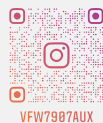
 **Veterans
Crisis Line**
DIAL 988 then PRESS 1



VFWPost7907



VFWPost7907Aux



VFW7907AUX

Have an article for The Patriot? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.

COMMANDER'S CALL:

Greetings All,

Seems like the holiday seasons are coming more quickly this year. We had a good October; lots of fun was had at your Post. The volunteers did an outstanding job again as usual. Thank you all for your unselfish dedication to the Post.

November is going to be very busy; most of our annual programs, like the First Responders awards dinner, Patriot's Pen and Voice of Democracy for the students, and Teacher of the Year, will all be submitted to the District. Thank you to all those who are helping to make it a successful year.

We have our annual Marine Birthday on November 10 at 1100 at the Post, come help celebrate 250 years of unprecedented service to this wonderful nation.

The following day will be Veterans Day at the Poway Veterans Park on Midland Road here in Poway. Please come and show the community how proud we are of our Veterans here at Post 7907.

I wish I could report that the meal numbers were better; I'm sorry to say they are not. What more I can do to encourage more support, I will keep asking. Please keep checking the calendar; Dawn will also have some December events listed.

I'm inviting you to help decorate the Post Christmas tree. November 10–December 23, make a donation of any amount and you will receive a poppy ornament to put your or some else's name on and then hang it on our tree. All donations will go to our Relief Fund so we can help more veterans.

If there is anyone who knows of a Veteran or a Veteran family in need, please contact me, Ed, or the Chaps Don.

I hope everyone has a wonderful Thanksgiving.

Rest In Peace to our dear comrades Doc, Downtown Bob, and Charlie.

*Commander
Bill Kimble*



NOTICE

OUR PARKING LOT IS SCHEDULED
TO BE RESURFACED ON
SUNDAY, NOVEMBER 9TH

NO OVERNIGHT PARKING WILL
BE ALLOWED ON NOVEMBER 8TH

2025-2026 Officers



Post Commander – Bill Kimble
Sr. Vice Commander – Butch Beltrain
Jr. Vice Commander – Deanna Kimble
Quartermaster – Tim Ragnar
Chaplain – Don Biadog, Jr.
Surgeon – Fred DiCarlo
Service Officer – Ed Ozmun
Adjutant – Paula Jansen
Judge Advocate – Paula Jansen
Guard – Henry Flores
1st Year Trustee – John Schiltz
2nd Year Trustee – Bryan Gust
3rd Year Trustee – Paul Swanson
House Committee Chairman – Jason Widmer
Membership Chairman – Bill Kimble
Officer of the Day – Jim Cook
Canteen Manager – Vern DuMolt

Auxiliary Officers

President – Dawn Ragnar
Sr. Vice President – Leanna Brown
Jr. Vice President – Noel Gilchrist
Secretary – Kacyenne Barber
Treasurer – Kacyenne Barber
Chaplain – Christy Schiltz
Guard – Rachel Rocha
Conductor – Karen Kimble
1st Year Trustee – Connie Houk
2nd Year Trustee – Patty Wolinski
3rd Year Trustee – Deborah Sellers



FROM THE AUXILIARY PRESIDENT:

Not quite sure what happened to the month of October?! What I can tell you is our 1st craft night on October 21st was a HUGE success, and we will definitely be doing that again next year.

Also in October, our membership committee reached out to all members to check in on them and invite them back to the Post for meals, events, and our meetings. If you're reading this and you received a call from an unknown number or a voicemail that you weren't sure about, it was a fellow Auxiliary sister or brother just reaching out. PLEASE contact any of us and let us know you're doing ok or even if you just need a ride to the Post to join us.

For November, the Auxiliary will be kicking off our annual active-duty military KIDS CHRISTMAS gift collections. However, this year we will be collecting gift CARDS. We will have gift card requests from the parents, which will allow them to purchase what they want for their kids. Of course, if you'd prefer to just donate funds, that's welcome and appreciated as well. With any funds donated, the Auxiliary will purchase the requested gift cards for the families. All donations do need to be in BEFORE DECEMBER 5th please. If you're interested in "adopting" a family, please email vfw7907events@gmail.com.

In November we have the Marine Corps birthday on the 10th and, of course, Veterans Day on November 11th. I would encourage all Auxiliary members to attend the ceremony at the Poway Veterans Park as well as the fun at the Post after the park. Please see page 6 for details.

Since the 11th is on the second Tuesday of the month, our auxiliary meeting will be on November 4th. PLEASE make sure to attend as we will have special guests attending from Shelter to Soldier (one of them with paws).

Be sure to SAVE THESE DATES on your calendar with these events:

November 10 – Marine Corps Birthday

November 11 – Veterans Day

December 2 – Lasagna Dinner & Trivia Night with
National Auxiliary President

December 6 – Post Christmas Party

December 14 – Pancakes with Santa

January 10 – Military Ball

February 8 – Super Bowl Party & Chili Cook-Off

March 14 – Auxiliary Department President Homecoming at
San Diego Air & Space Museum

Thank you all again, and I hope to see you Auxiliary members at our November 4th meeting.

Dawn Ragnar



Help us be Santa for our active military families!
This year our VFW Post 7907 Auxiliary will be
collecting and purchasing gift cards for active duty
military families that may not be able to afford
Christmas gifts for their children. We will be
supplying contributors with specific GIFT CARD
requests for each active duty family.
 (Family names are kept anonymous)

If you are interested in donating gift cards or money,
 please contact Dawn Ragnar at
vfw7907events@gmail.com



FROM THE CANTEN MANAGER

What do we need to do to increase membership attendance in the Canteen?

Many great ideas, such as drink specials, posting upcoming events on social media, adjusting hours to support weekend cruisers and sporting events, or inviting friends and neighbors only work for a few weeks, then we're back to scratching our heads trying to figure out what's next.

Thinking we should try something different, I ran a special last month with 20oz glass mugs. Although, the slight loss in revenue was counter-intuitive, I had hoped to increase sales, or at least gain an increase in attendance by our members. Neither of those goals were met, but I learned that the mugs are popular. This in itself opens an opportunity for another special, or maybe I'll add the mugs as a regular offering for a slightly additional cost. We'll see... Any ideas?

Also, here are some reminders:

We will be Closed November 27 thru 30 (Thanksgiving weekend).

There are plenty of tickets available for the Pistol Drawing being held December 6th (Post Christmas Party). One \$10 ticket is all it takes to win the Springfield 1911 .45 Cal and you need not be present to win.

Vern DuMolt



Lic# 984653

KIC

Restoration Inc.

Jason Widmer
President

Main (858) 859-1998 Ext. 103 | Mobile (858) 956-4545 | jason@kicrestoration.com



**I WANT YOU FOR THE
 SATURDAY MORNING
 WORK PARTY**

Each Saturday at 8:00 AM at the Post
 For more info, contact
 Tim Ragnar at timragnar@gmail.com



PANCAKES

With Santa

Kids get a FREE photo with Santa!

SUNDAY, DECEMBER 14 2025 | 9 - 11 AM

\$10 - Adults (3 pancakes & sausage OR breakfast burrito)
 \$6 - Kids (1 pancake, sausage & juice)

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 VFW Post 7907, 12342 Old Pomerado Rd. Poway

Thanksgiving and Lasting Memory of Tom McDonald Maston

When I was a seminary student at Southwestern Baptist Theological Seminary (SWBTS), I was given the privilege of helping care for Tom McDonald “Tom Mc” Maston, the beloved son of Dr. T. B. Maston, a renowned ethicist, and his wife, Mae.

Tom Mc was born in 1925 with a severe physical disability caused by complications during delivery. Though confined to a wheelchair and unable to speak, he developed a simple yet profound way of communicating with his parents—a blink for “no” and an open mouth for “yes.” What struck me most was not his limitation, but his joyful spirit. His smile was constant, his presence uplifting.

For 65 years, Dr. Maston and Mae lovingly cared for Tom Mc at home, choosing compassion over convenience, dignity over dismissal.

Their devotion was a living testimony of Christlike love. They even traveled with him across the United States and to Beirut, Lebanon—where they reminded me that while some cultures might hide their disabled family members, the Mastons chose instead to honor, cherish, and celebrate their son.

In the mid-1980s, I accompanied the family on a trip to Midland, Texas, where Dr. Maston was invited to speak at First Baptist Church. That journey, like every encounter with the Mastons, left a lasting impression on me.

The Mastons home was always open, their table always welcoming. I will never forget the Thanksgiving dinners were Tom Mc, his younger brother Eugene, and the Mastons’ circle of helpers gathered in warmth and fellowship. It was my best Thanksgiving Celebration with Tom Mc and his family in Fort Worth, TX.

Tom Mc’s longevity was not only a testament to medical care, but to the power of love, joy, and faithful devotion. His disability never silenced his smile, and his life never ceased to inspire. Though the Mastons have all gone on to glory, their Christian witness—and especially Tom Mc’s radiant spirit—remains etched in my heart forever.

In his honor, I once named a Monarch butterfly, injured during its emergence, after Tom Mc. Like that butterfly, Tom Mc’s life was marked by fragility, yet also by tenacity, beauty, and joy. His story reminds us that every life, no matter its challenges, reflects the image of God and carries a testimony of grace.

Inspiration:

Tom Mc’s life teaches us that true strength is not measured by ability, but by joy in the face of adversity, and love that never gives up. His smile was his sermon, his life a witness, and his family’s devotion a living parable of God’s unfailing care.

The life of Tom Mc Maston reminds us that joy is not limited by ability, and love is not measured by strength. Surrounded by the faithful care of his family, Tom Mc’s radiant smile testified that every life is precious in God’s sight. His story challenges us to see beyond limitations and to embrace one another with Christlike compassion.

“The Smile That Preached”

In silence he spoke, in stillness he shone,
Tom Mc, a life by grace alone.
No pulpit, no voice, no worldly acclaim,
Yet joy was his sermon, love bore his name.
A blink for “no,” an open mouth for “yes,”
Simple replies, yet hearts he’d bless.
Confined to a chair, but never to sorrow,
His smile lit each day with hope for tomorrow.

Mae and T. B., with hands full of care,
Chose dignity daily, chose love to bear.
They traveled the miles, they opened their door,
Their table a haven, their hearts gave more.

Thanksgiving with Tom—oh, what a feast!
Where joy was the guest, and grace never ceased.
A butterfly broken, yet named with pride,
Tom Mc’s spirit in wings that defied.

His life was a mirror of heaven’s embrace,
A fragile frame filled with tenacious grace.
Though gone to glory, his witness remains—
A legacy etched in love’s holy refrain.

Prayer of Thanksgiving: “In Honor of Tom Mc”

Heavenly Father, We thank You for the life of Tom McDonald Maston—a soul who taught us that joy is not bound by speech, and love is not measured by strength.

Thank You for the Maston family, whose devotion reflected Your heart, whose care was a living parable of Christlike compassion. In their home, we saw the gospel lived out—a table of welcome, a sanctuary of grace.

We praise You for the smile that preached louder than words, for the spirit that soared beyond limitation, for the testimony of a life embraced, not hidden.

May we learn from Tom Mc’s radiant joy, to see beauty in brokenness, to honor every life as sacred, and to love without condition.



Let our own tables be open, our hearts be tender, and our hands be ready to serve.

In the name of Jesus, who sees every soul with perfect love, Amen.

Here's a heartfelt Thanksgiving prayer crafted especially for the veterans and families of VFW Post 7907 in Poway, CA—honoring their courage, sacrifice, and enduring legacy.

Thanksgiving Prayer for Veterans and Families For VFW Post 7907

Gracious and Mighty God, On this day of Thanksgiving, we pause to honor the brave men and women who have worn the uniform of our nation with courage, conviction, and sacrifice.

We thank You for the veterans of VFW Post 7907—for their steadfast service, their enduring strength, and the legacy of freedom they have helped preserve.

Lord, we lift up their families—those who stood beside them in times of war and peace, who bore the weight of absence, and offered love without condition.

Bless them with comfort, joy, and the deep assurance that their sacrifices have not gone unnoticed.

We remember those who have gone before us—heroes whose names are etched in memory, whose stories echo in the halls of this post, and whose lives continue to inspire. May their legacy be a lamp to our feet and a call to live with honor, humility, and gratitude.

Thank You for the fellowship shared within these walls, for the laughter, the tears, the stories told, and the bonds that transcend generations. Let this place remain a sanctuary of remembrance, a beacon of hope, and a table of welcome.

As we gather in gratitude, may our hearts be filled with peace, our hands be ready to serve, and our voices rise in praise for the freedom we cherish and the lives we honor.

In the name of the Prince of Peace, Amen. db



November

MONDAY, NOV. 10TH
MARINE CORPS BIRTHDAY
11AM CEREMONY
& FREE S.o.S Brunch





November 11th



Veterans Day



**Join us at the
11th month,
11th day &
11th hour**



**AT 11AM JOIN US FOR A VETERANS DAY
CEREMONY AT VETERANS PARK
then immediately following ceremony,
everyone is welcome to join us
at the Post FOR FREE LUNCH**

THIS EVENT IS OPEN TO THE PUBLIC & FOOD IS WHILE SUPPLIES LAST



VFW POST 7907 RELIEF FUND

CHRISTMAS TREE POPPY ORNAMENTS NOV. 10 - DEC 23

**ALL DONATIONS WILL BE FOR OUR
VETERAN RELIEF FUND**

DONATE ANY AMOUNT, PUT YOUR NAME
OR SOMEONE ELSE'S
ON THE ORNAMENT AND HANG IT ON
OUR TREE!



Uncle Joe's Meatballs & spaghetti



***Friday, 6pm
Nov. 21st til sold out***

VFW POST & AUXILIARY
MEMBERS ONLY



MEMBERS CHRISTMAS PARTY

DEC 6TH *POTLUCK DINNER,
COCKTAILS & UGLY
SWEATER CONTEST!*

POTLUCK SIGN UP IS AT THE POST.
LET US KNOW WHAT YOU'LL BE BRINGING!

5pm Cocktails start - 6pm Potluck starts - 7pm games

THIS IS FOR POST & AUXILIARY MEMBERS
(& THEIR SIGNIFICANT OTHERS) ONLY



VFW POST 7907

Tease Your Brain &
Win Prizes

TRIVIA NIGHT

BRING 1 CANNED FOOD ITEM
FOR EACH MEMBER OF YOUR TEAM &
THE TEAM WILL GET
1 FREE ANSWER!

Tuesday
Dec. 2

LASAGNA DINNER \$10
DINNER SERVED 6PM
TRIVIA STARTS 6:30

COME MEET
OUR
NATIONAL
AUXILIARY
PRESIDENT,
LOIS
CALLAHAN



VFW POST 7907
12342 Old Pomerado Rd, POWAY

ALL CANNED FOOD DONATIONS
WILL GO TO
COMMUNITY FOOD CONNECTIONS



Around the Post

Craft & Sip - October 21, 2025



Craft & sip fun. A great time was had by all.



Good Eats & Fun - October 2025



Thanks to the lunch crew - Chad, Fred & Evelyn.



Aux. President Dawn Ragnar & Pat Anamosa in character for our Oktoberfest celebration, October 3.



Thanks Karen Kimble & Patty Wolinski for all of your help. October 10 smoked pork dinner.



Karen Kimble happily serving Vern DuMolt fried cod dinner, October 24.

Navy's 250 Birthday Celebration - October 13, 2025



Happy 250th Birthday USN!

Sunday Breakfast - October 2025



Come join us for the best breakfast in town on the fourth Sunday of each month.

Join us at the Post for camaraderie, good eats and supporting veterans and their families.

Thank you! - October 8, 2025



Thank you, Chaps for delivering the donations of Panera Bread & Pastries.



Thank you, Panera Bread, for the bread & pastries you donated to our Post and its members.

NOVEMBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Get Your Birthday Drink! <i>Are you a Post or Auxiliary Life Member and is your birthday this month, then have a drink on us!</i> 						1 3:00 PM - 6:00 PM 8:00AM Saturday Work Party
2 Canteen Closed 4:00PM - 9:00PM Hall Rented	3 3:00 PM - 6:00 PM 5:30PM - 9:30PM Monday Night Football Cardinals @ Cowboys 10.00	4 3:00 PM - 6:00 PM 6:00PM Auxiliary General Meeting	5 11:00 AM - 7:00 PM 11:30AM Baked chicken, scalloped potatoes & veggies 12.00	6 3:00 PM - 6:00 PM 5:00PM - 8:00PM Thursday Night Football Raiders @ Broncos BYOF	7 3:00 PM - 9:00 PM 5:30PM Burgers, fries & baked beans Adult meal - 12.00; Kid meal - 8.00	8 3:00 PM - 6:00 PM 8:00AM Saturday Work Party 5:00PM - 9:00PM Hall Rented
9 Canteen Closed	10 3:00 PM - 6:00 PM 11:00AM-12:00PM Marine Corps Birthday 5:30PM - 9:30PM Monday Night Football Eagles @ Packers 10.00	11 3:00 PM - 6:00 PM 11:00 AM Veterans Day at Poway Vets Park 12:00 PM Veterans Day Lunch	12 11:00 AM - 7:00 PM 11:30AM Mississippi Pot Roast, mashed potatoes & veggies 12.00	13 3:00 PM - 6:00 PM 5:00PM - 8:00PM Thursday Night Football Jets @ Patriots BYOF	14 3:00 PM - 9:00 PM 5:30PM Smoked Tri-tip sandwiches, fries & coleslaw Adult meal - 12.00; Kid meal - 8.00	15 3:00 PM - 6:00 PM 8:00AM Saturday Work Party 10:00AM-1:00PM Vietnam Veterans Meeting
16 Canteen Closed	17 3:00 PM - 6:00 PM 5:30PM - 9:30PM Monday Night Football Cowboys @ Raiders 10.00 6:00PM VFW Post Officers / House Committee Chair Meeting	18 3:00 PM - 6:00 PM	19 11:00 AM - 7:00 PM 11:30AM Pork roast, mashed potatoes & veggies 12.00	20 3:00 PM - 6:00 PM 6:00 PM VFW 7907 Post Members Only Happy Hour 7:00 PM VFW 7907 Post Meeting	21 3:00 PM - 9:00 PM 5:30PM 'Uncle Joe's meatballs & spaghetti Adult meal - 12.00; Kid meal - 8.00	22 3:00 PM - 6:00 PM 8:00AM Saturday Work Party
23 8:30 AM - 12:00 PM 9:00AM - 11:00AM 2 eggs (made to order), hash browns, French toast sticks, bacon or sausage Adult meal - 12.00; Kid meal - 8.00	24 3:00 PM - 6:00 PM 5:30PM - 9:30PM Monday Night Football Panthers @ 49ers 10.00	25 3:00 PM - 6:00 PM	26 11:00 AM - 7:00 PM 11:30AM Beef tips in gravy, rice & veggies 12.00	27 Canteen Closed 	28 Canteen Closed	29 Canteen Closed 8:00AM Saturday Work Party
29 Canteen Closed	<i>Have a wonderful Thanksgiving. We'll see you again in December.</i>					

Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.

★ All Gave Some. Some Gave All. ★