



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS.

Post 7907



Never Forget

POST MONTHLY MEETING SCHEDULE

Please Join Us

Event Planning Meeting

No meeting this month

Auxiliary General Meeting

6:00 PM | Tuesday - June 10

VFW Post Officers/House Committee

Chair Meeting

6:00 PM | Monday - June 16

VFW 7907 Post Meeting

7:00 PM | Thursday - June 19

House Chairman Clean Up/Working Party

8:00 AM | Saturday Mornings



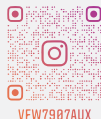
DIAL 988 then PRESS 1



VFWPost7907



VFWPost7907Aux



VFW7907AUX

Have an article for The Patriot? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with Newsletter Submission in the subject line.

COMMANDER'S CALL:

Greetings All,

I'm proud to announce our 2025/2026 Post Officers and appointed positions:

Post Commander – Bill Kimble

Sr. Vice – Butch Beltrain

Jr. Vice – Deanna Kimble

Quartermaster – Tim Ragnar

Chaplain – Don Biadog, Jr.

Service Officer – Ed Ozmun

Adjutant – Paula Jansen

Judge Advocate – Paula Jansen

Officer of the Day – Jim Cook

Guard – Henry Flores

1st Year Trustee – Daniel Samayoa

2nd Year Trustee – Bryan Gust

3rd Year Trustee – Paul Swanson

House Committee Chairman – Jason Widmer

Membership Chairman – Bill Kimble

Canteen Manager – Vern DuMolt

Thank you comrades for trusting in all of us to keep our beloved Post 7907 safe for another year. We will not fail you.

Please join me in wishing our long-time Quartermaster, Clint Dawson, Fair Winds and Following Seas as he leaves us to start his new life in his home state of West Virginia. He will be missed by all.

I am happy and proud to report that VFW 7907, for the 5th year in a row, has made All State and All American. It has taken a huge amount of work and effort from all of us, not to mention your time with your families, weekends and nights. Bravo Zulu, and thank you for your unselfishness to your Post. And to Dawn and the Auxiliary Team, your support to the mission, *NO ONE DOES MORE FOR VETERANS THAN THE VFW* has rained true this entire year. We salute you and thank you all from the bottom of our hearts.

Evelyn and her crew continue to put out the best Wednesday lunch this side of the Mississippi pot roast, LOL. Our Friday night dinners are beginning to pick up speed, I think the weather and longer days are making a difference. If you have not made it out to our Sunday breakfast, please add it to your things to do once a month; you will not be disappointed. As always, please check the Post calendar for dates and times for all the events. There's a lot going on in the month of June.

Thank you to all those who supported the Stamp Out Hunger Drive sponsored by the US Postal Service, Fred and the Saturday cleaning crew delivered a truck load of food to the Poway Post Office.

Continued on next page

2024-2025 Officers



Post Commander – Bill Kimble
Sr. Vice Commander – Vern DuMolt
Jr. Vice Commander – Deanna Smith
Quartermaster – Clint Dawson
Chaplain – Don Biadog, Jr.
Surgeon – Fred DiCarlo
Service Officer – Ed Ozmun
Adjutant – Paula Jansen
Judge Advocate – Butch Beltrain
Guard – Daniel Samayoa
1st Year Trustee – Paul Swanson
2nd Year Trustee – Oscar Rocha
3rd Year Trustee – Bryan Gust
House Committee Chairman – Tim Ragnar
Membership Chair – Jay Santa Maria
Officer of the Day – Jim Cook
Maintenance Manager – Jason Widmer
Canteen Manager – Vern DuMolt

Auxiliary Officers



President – Dawn Ragnar
Sr. Vice President – Jericho Nevitt
Jr. Vice President – Christina Swanson
Secretary – Kacyenne Barber
Treasurer – Deborah Sellers
Chaplain – Christy Schiltz
Conductor – Karen Kimble
Guard – Rachel Rocha
1st Year Trustee – Shari Dunbar
2nd Year Trustee – Connie Houk
3rd Year Trustee – Patty Wolinski



COMMANDER'S CALL: *CONTINUED*

And finally, a Big Thank you to FRA #70 for their outstanding ceremony at Dearborn Memorial Park, and to all the comrades from our Post who came out in record numbers to perform our part of the ceremony and to place a beautiful wreath on the grave of LT Fred L. Kent, our namesake.

As always, if there is anyone who knows of a veteran or a veteran's family member in need. Please reach out to me, Chaps or the service officer, Ed Ozmun.

Let's make the month of June great!!!

Cheers,

Commander Bill Kimble

FROM THE AUXILIARY PRESIDENT:

SHOUT OUT TO OUR AUXILIARY! We won a third place District award for Buddy Poppy/National Home activities and a second place District award for Legislative activities. I want to give a special thank you to Connie Houk for donating her craft proceeds to VFW National Home and Angie Kelly for making the most adorable VFW National Home bank. Without their added efforts, we would not have won our award.

In addition, we received participation awards in all categories which enabled us to qualify for the Circle of Excellence and All State award. All these awards are a direct result of everyone's hard work and effort throughout the year. AMAZING JOB AUXILIARY MEMBERS!!!

I am extremely excited for our upcoming year and plan to focus on continuing to grow our membership and membership involvement.

Speaking of our upcoming year, please be sure to mark your calendars with these events:

June 7th – Casino Night

June 28th – Volunteer Appreciation Day

July 4th – Car Show & Independence Day Celebrations

August 15th – Shelter to Soldier Fundraiser – TRIVIA NIGHT

September 13th – RIBAPALOOZA!!

Thank you all again and I hope to see you all soon!

Dawn Ragnar



I WANT YOU FOR THE SATURDAY MORNING WORK PARTY

Each Saturday at 8:00 AM at the Post
For more info, contact
Tim Ragnar at timragnar@gmail.com



FROM THE CANTEN MANAGER

Did you know the Canteen has a Lost & Found? Sometimes, at the end of the day, we find personal property left behind. We usually remember who was sitting in the area and will try to contact that person, or attach a note for the next shift to look out for that customer. There are times however, when some articles are found on the patio, or in the dining hall, and we don't know who it belonged to. When this occurs, we have limited space on a shelf in the back room, where items left behind are kept for safe keeping until claimed. Currently we have one pair of men's sunglasses, and a grey ball cap, but no one has asked about them. If you think one or both may be yours, please inquire with the bartender. Please note that items found that are held for more than 30 days will be given away or taken to the Salvation Army, or a Goodwill Center.

Also, as summer comes closer many of you are getting ready for travel, or an extended visit with family out of town. Before you go, try to take part in Casino Night, June 7th. Professional dealers will teach you the games you want to play and who knows, this new knowledge could spice up your vacation. In the past years this has been a huge event for the Post, and everyone has a great time. I hope to see you there.

As always, please check out the rest of the newsletter for more upcoming events.

Thank you for your support

Vern DuMolt



Journey of an American Hero—Taking Kyle Home

Twenty years ago, on a Memorial Day weekend on 31 May 2010, I remember writing a brief story of Pfc., U.S. Marine Corps, Kyle Coutu, one of our heroes who gave his life for freedom, faith, flag, and family on February 26, 2010.

"Journey of an American Hero—Taking Kyle Home," recounts the solemn journey of Pfc. Kyle J. Coutu, a U.S. Marine who was killed in action during a major combat offensive against the Taliban in Helmand province, Afghanistan.

I described my emotional experience of accompanying Coutu's remains back to his hometown of Pawtucket, Rhode Island, where he was laid to rest at Exeter Veterans' Cemetery on February 26, 2010.

The article highlights Coutu's bravery, commitment, and faith, as well as the overwhelming support from his community, who lined the streets waving American flags to honor their fallen hero.

The piece serves as a Memorial Day tribute, reminding readers of the sacrifices made by service members and the deep gratitude owed to them and their families.

It concludes with a heartfelt recitation of the Marine Corps Prayer by Pfc. Peter Lang, Coutu's childhood friend and fellow Marine, who escorted his remains home.

Pfc. Lang, childhood schoolmate, fellow Marine, and best friend of Coutu, who escorted his remains home. As a final tribute . . . Lang

memorized in his mind and heart the Marine Corps Prayer . . . and solemnly recited:

'Almighty Father, whose command is over all and whose love never fails, make me aware of thy presence and obedient to thy will. Keep me true to my best self, guarding me against dishonesty in purpose and deed and helping me to live so that I can face my fellow Marines, my loved ones, and thee without shame or fear. Protect my family.

Give me the will to do the work of a Marine and to accept my share of responsibilities with vigor and enthusiasm. Grant me the courage to be proficient in my daily performance. Keep me loyal and faithful to my superiors and to the duties my country and the Marine Corps have entrusted to me. Help me to wear my uniform with dignity, and let it remind me daily of the traditions, which I must uphold.

If I am inclined to doubt, steady my faith; if I am tempted, make me strong to resist; if I should miss the mark, give me courage to try again.

Guide me with the light of truth and grant me wisdom by which I may understand the answer to my prayer. Amen.'

Chaplain Don Biadog, Jr.



Hundreds of mourners lined up on February 26, 2010, during the internment of Pfc. Kyle Coutu at Rhode Island Veterans Memorial Cemetery, Exeter, RI.
Photo by Chaplain Don Biadog



ARE YOU FEELING LUCKY?

Join us June 7th for Casino Night!



This fundraising event is one you will not want to miss!
We will have roulette, a craps table, several black jack tables, multiple raffles, silent auction items and of course, food & drinks!

DONATION

\$40

PRE-PAID

\$45 AT THE DOOR

ENTRY DONATION INCLUDES:

HEAVY HORS D'OEUVRES,

1 DRINK COUPON &

\$200 IN PLAYING CHIPS

(ADDITIONAL BUY IN CHIPS
WILL BE AVAILABLE)

COCKTAILS

6 PM

CASINO FUN

7 PM

VFW POST 7907, 12342 OLD POMERADO RD, POWAY

TICKETS AVAILABLE AT THE POST STARTING MAY 1, 2025



Educating the Community

Flag Raising for Memorial Day - May 23 2025



Raising the flag at Mount Carmel High School for Memorial Day. CDR Bill, John C, Henry, John S, Brian, Daniel & his son Tommy, Paula and the buglers from the high school.



CDR Kimble addresses the students.



John C & Henry prepare to raise the flag.



Saluting the raised flag.

Around the Post

Memorial Day - May 25, 2025



Dearborn Memorial Park

**All Gave Some.
Some Gave All.**



Aux President, Dawn Ragnar & CDR Kimble



Grill master Auxiliary member, Noel Gilchrist.



Happy Birthday, Paul.

"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude."
– Harry S. Truman



Post officers honoring Lt. Fred L. Kent, who our Post is named after, at Dearborn Memorial Park.



Thank you, Patty Wolinski & Kacyenne Barber for serving the hungry crowd.



We had a good turn out at the Post after the ceremony at Dearborn.



Poppy donation wall.

Around the Post

Sunday Breakfast - May 18, 2025



Sunday breakfast crew - Butch, Paul & Christina.



Mark & Carin getting ready to enjoy the delicious biscuits and gravy served for breakfast.

Post Around Town - May 2025



May 4 - Butch & Tim at quarterly district one meeting.



May 16 - Paula Jansen representing State of California & Post 7907 for the 100 year anniversary of the national home in Michigan.

General Meeting - May 15



Swearing in two new members.



Bill speaking during the meeting.

Day of Service - May 7, 2025



Paula & Bill with the donations collected by the Post for the Day of Service Food Drive to Stamp out hunger for the post office.

Join us in supporting veterans and their families.

Post Humor - May 2, 2025



Would you buy insurance from this man?




Replica of USS Mitscher DL-2/DDG-35



Thank You to Our Sponsors and Volunteers

JG PLUMBING
LIC. # 1068703

James L. Gordon
Owner/Operator



(858) 776-7480 Call For A Free Estimate!

VFW Life Member

James Riley

(619) 569-9655
james@watkinsrealtygroup.com
DRE Lic. #02225409

WATKINS REALTY GROUP REALTOR * RESIDENTIAL & INVESTMENT PROPERTIES
5703 Oberlin Drive, San Diego, CA 92121



KIC Lic# 984653

Restoration Inc.

Jason Widmer
President

Main (858) 859-1998 Ext. 103 | Mobile (858) 956-4545 | jason@kicrestoration.com

BLOCK ISLAND DECK & PATIO

ALL Exterior Wood Repair, Restoration & Replacement
A Division of Block Island Remodeling CA Lic. #823273

Rick Di Lella
General Contractor

13001 Treecrest Street
Poway CA, 92064
blockisland7@cox.net
blockislanddecks.com

Mobile (619) 248-2870
Office (858) 668-3356
Fax (858) 842-1720



**Your business card
could be here**

*Contact the Quartermaster
for more information.*

**Your business card
could be here**

*Contact the Quartermaster
for more information.*

Anthony DeGasperis
BROKER/OWNER - DRE #01229090

619-379-7730
anthony@sdhometeam.com
www.sdhometeam.com

RECOGNITION OF EXCELLENCE
2020 OFFICIAL AWARD WINNER GOLD

degasperis and associates
REAL ESTATE

www.SDHomeTeam.com

Ask About My
\$500
Referral Fee...

Refer me to a friend or family member and when we Close Escrow I will give you \$500 AND donate \$500 to the VFW-Poway Post.

Call Me Today!
619-379-7730

**& My Donation of
\$500
to VFW-Poway**

Call for Details!

POWAY SIGN COMPANY

Mike Appling
Owner

858-437-3093
getsigns@powaysigncompany.com
CA LIC #988631
www.powaysigncompany.com
12320 Oak Knoll Road, Suite B
Poway, CA 92064



**Your business card
could be here**

*Contact the Quartermaster
for more information.*

We Understand Commitment

You can rely on Edward Jones for one-on-one attention, our quality-focused investment philosophy and straight talk about your financial needs. To learn more, call today.


Bill Bauerle
Financial Advisor
13426 Community Rd Ste C
Poway, CA 92064-4712
858-746-6493

edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



Dr. Mark Burdette
Chiropractor



Community Chiropractic Center

13029 Fomerado Rd., Ste. A
Poway, CA 92064
(858) 486-1222
www.CCCpoway.com

DQ

Franchisee: Craig Engler
Veteran Owned

Locations

5950 Santo Road, San Diego, CA 92124
70 Town Center Parkway, Santee, CA 92071
1031 S. Santa Fe Avenue, Vista, CA 92084

JUNE 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Canteen Closed	2 3:00 PM - 6:00 PM	3 3:00 PM - 6:00 PM	4 11:00 AM - 7:00 PM 11:30 AM Beef tips on gravy, mashed potatoes & veggies Donation: 12.00	5 3:00 PM - 6:00 PM	6 3:00 PM - 9:00 PM 5:30 PM Fried chicken (1 breast OR 1 thigh & leg), coleslaw, mashed potatoes & gravy & dessert Donation: 12.00	7 5:00 PM - 9:30 PM CANTEEN OPENS AT 5:00 PM 8:00 AM Saturday Work Party 6:00 PM - 9:30 PM Casino Night
8 Canteen Closed	9 3:00 PM - 6:00 PM	10 3:00 PM - 6:00 PM 6:00 PM Auxiliary General Meeting	11 11:00 AM - 7:00 PM 11:30 AM Lasagna, salad & garlic bread Donation: 12.00	12 3:00 PM - 6:00 PM	13 3:00 PM - 9:00 PM 5:30 PM Burger, fries, coleslaw & dessert Donation: 12.00 7:00 - 9:00 PM Live Music with Country Crossovers	14 12:00 PM - 6:00 PM 8:00 AM Saturday Work Party
15 Canteen Closed	16 3:00 PM - 6:00 PM 6:00 PM VFW Post Officers / House Committee Chair Meeting	17 3:00 PM - 6:00 PM	18 11:00 AM - 7:00 PM 11:30 AM Pot roast, mashed potatoes & veggies Donation: 12.00	19 3:00 PM - 6:00 PM 6:00 PM VFW 7907 Post Meeting Happy Hour 7:00 PM VFW 7907 Post Meeting	20 3:00 PM - 9:00 PM 5:30 PM Spaghetti, salad, garlic bread & dessert Donation: 12.00	21 10:30 AM - 6:00 PM 8:00 AM Saturday Work Party 10:00 AM - 1:00 PM Vietnam Veterans Meeting
22 Canteen Closed	23 3:00 PM - 6:00 PM	24 3:00 PM - 6:00 PM	25 11:00 AM - 7:00 PM 11:30 AM Pot roast, mashed potatoes & veggies Donation: 12.00	26 3:00 PM - 6:00 PM	27 3:00 PM - 9:00 PM 5:30 PM Deep fried cod, fries, coleslaw & dessert Donation: 12.00	28 CANTEEN OPENS AT 4:00 PM 8:00 AM Saturday Work Party 4:00 PM - 7:00 PM Volunteer Appreciation Day Free Dinner & Drinks
29 8:30 AM - 12:00 PM 9:00 AM - 11:00 AM 2 eggs (made to order), hash browns, French toast sticks, bacon or sausage Donation: Adult meal - 12.00; Kids meal - 8.00	30 12:00 PM - 6:00 PM	<p>Get Your Birthday Drink! Are you a Post or Auxiliary Life Member and is your birthday this month, then have a drink on us!</p> <p>Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p> 