



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS.

Post 7907



Never Forget

POST MONTHLY MEETING SCHEDULE

Please Join Us

Auxiliary General Meeting
6:00 PM | Tuesday - Mar 11

VFW Post Officers/House Committee Chair Meeting
6:00 PM | Tuesday - Mar 18

VFW 7907 Post Meeting
7:00 PM | Thursday - Mar 20

Event Planning Meeting
No Meeting This Month

House Chairman Clean Up/Working Party
8:00 AM | Saturday Mornings

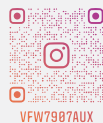
 **Veterans Crisis Line**
DIAL 988 then PRESS 1



VFWPost7907



VFWPost7907Aux



VFW7907AUX

Have an article for *The Patriot*? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.

COMMANDER'S CALL:

Greeting All,

Although February was a short month, there was still a lot going on around the Post.

Thank you to all the comrades who went with me to the Scripps Ranch Fire station to present Captain Bill Waugaman the VFW Post 7907 First Responder Of The Year award.

Our annual Super Bowl Party was a huge success thanks to the Post and Auxiliary. All the pre-planning and setup really made for a very enjoyable Sunday. Congratulation to our new Chili Champ, Oscar Rocha, and again Great Job Auxiliary your Post appreciates you all.

The new Friday night dinner menu seems to be a big hit, please keep up the support and we now have a once a month Sunday breakfast. We enjoyed a large turnout for February breakfast, looking forward to a monster turnout in March.

We have a lot of great events planned in March please check the calendar and all the wonderful flyers Dawn and Vern put out and up around the Post.

Thank you to our Service Officer, Ed Ozmun, for bringing a Veteran who was in need of assistance to the Post memberships attention. We were able to make sure the Veteran's car insurance was paid for the month. BZ Ed.

If anyone knows of a Veteran or their family in need please contact myself, our Service Officer or Chaps.

And finally, it is with heavy heart I report the passing of our beloved State Adjutant/Quartermaster Rodger Meier. His passing will be felt by all VFW's. Truly a force multiplier RIP Comrade.

God Bless

Commander Bill Kimble



2024-2025 Officers



Post Commander – Bill Kimble
Sr. Vice Commander – Vern DuMolt
Jr. Vice Commander – Deanna Smith
Quartermaster – Clint Dawson
Chaplain – Don Biadog, Jr.
Surgeon – Fred DiCarlo
Service Officer – Ed Ozmun
Adjutant – Paula Jansen
Judge Advocate –
Guard – Daniel Samayoa
1st Year Trustee – Paul Swanson
2nd Year Trustee – Oscar Rocha
3rd Year Trustee – Bryan Gust
House Committee Chairman – Tim Ragnar
Membership Chair – Jay Santa Maria
Officer of the Day – Jim Cook
Maintenance Manager – Jason Widmer
Canteen Manager – Vern DuMolt

Auxiliary Officers



President – Dawn Ragnar
Sr. Vice President – Jericho Nevitt
Jr. Vice President – Christina Swanson
Secretary – Kacyenne Barber
Treasurer – Deborah Sellers
Chaplain – Christy Schiltz
Conductor – Karen Kimble
Guard – Rachel Rocha
1st Year Trustee – Shari Dunbar
2nd Year Trustee – Connie Houk
3rd Year Trustee – Patty Wolinski



FROM THE AUXILIARY PRESIDENT:

If you didn't come to the Post on a Friday night or for the monthly breakfast, you'd better make sure you make it this month. Every meal was ABSOLUTELY Amazing!

During February, our Auxiliary donated \$385 to VFW National Home. Special thanks to Connie Houk for donating the profits from her craft sales which she allocated to that fund! Speaking of craft sales, we are now in the planning stages of our Family Freedom Festival and are looking for vendors that would like to have a booth. The date of the event is currently scheduled for Friday, July 4th. The cost for a booth is \$40 and if you are interested or know of anyone that would be interested, please email me at vfw7907auxiliary@gmail.com.

We'll be having our monthly meeting on March 11th and we will be discussing some very important upcoming volunteer work so I hope everyone does their best to show up!

Thank you,

Dawn Ragnar

ST. PATRICK'S DAY
MARCH 17
LUNCH & DRINK SPECIALS
12 PM OPEN
LUNCH IS A LUCKY \$7 STEW
DRINK SPECIALS ONLY \$4
VFW Post 7907, 12342 Old Pomerado Rd, Poway



MARCH 4 - FAT TUESDAY

MARDI GRAS

COME ONE, COME ALL

Jambayla dinner
\$10 per person
includes dessert

Dinner 5:30pm - 7pm
(or while supply lasts)

RSVP by emailing
vfw7907events@gmail.com

FROM THE CANTEEN MANAGER:

Since becoming a member of this Post in 2008, I have worked my way through the various elected and appointed positions, and now as of March 1st, I will fill the position of Canteen Manager for the Post.

With this opportunity I'm challenged with continuing the great service to our members, and leadership for our volunteer staff that Dawn has provide these past years. I'm confident that with the continued support and wisdom of the staff of volunteers with whom I work this challenge will be less daunting.

Thank you, Dawn for your confidence and the training you've provided. I look forward to coordinating with you and the Commander for all the upcoming events.

Speaking of upcoming events, please don't forget to mark your calendars for Friday Dinners, Sunday Breakfast (March 23rd) and the following:

- March 4 - Mardi Gras Jambalaya Dinner
- March 8 - Trivia Night and Steak Dinner
- March 17 - Saint Patrick's Day Lunch

I look forward to seeing you around the Post!

Vern DuMolt



SHAKE, RATTLE AND ROLL
Auxiliary members

Join us for
District 1 President's homecoming!

JOIN US FOR A 50'S THEMED
SOCH HOP & DINNER!

SATURDAY | MARCH 22 | 5-8 PM

VFW POST 7907
12342 OLD POMERADO RD., POWAY

50'S ATTIRE ENCOURAGED
BUT NOT REQUIRED!



Sunday BREAKFAST

March 23 | 9am - 11am

ADULT MEAL
2 EGGS (made to order)
HASHBROWNS
FRENCH TOAST or BISCUITS & GRAVY
SAUSAGE OR BACON

ADULTS \$12
KIDS UNDER 10 \$8

KIDS MEAL
2 EGGS (made to order)
FRENCH TOAST

VFW Post 7907, 12342 Old Pomerado Rd., Poway



I WANT YOU FOR THE
SATURDAY MORNING WORK PARTY

Each Saturday at 8:00AM at the Post
For more info contact Tim Ragnar
timragnar@gmail.com

Life, Lemon, and Liberty

Throughout my nearly 70 years of existence, I always encounter hardship, but God was, has been, and will always be with me.

When life gives you a lemon, pick-up the lemon fruit, squeeze it and mix the juice with clean water and add some sugar. Lemonade is a very good and healthy drink. "It's such a refreshing and timeless drink." In addition to a classic lemonade (Freshly squeezed lemons, sugar, and water), here's another way, by making a sparkling lemonade: Mix in sparkling water instead of still water for a fizzy delight. Note: For the diabetic, you may use the plant-based sugar.

Hardship and challenges are temporary but the result of having faith and never stop believing in God is an eternal truth! Result, you will experience a daily victory. Hardship and challenges are indeed temporary! They often serve as stepping stones to growth and strength. "Remember, every difficult situation you face eventually passes, and you come out stronger and more resilient on the other side."

The Bible has many passages that offer comfort, encouragement, and perspective on facing hardship and challenges. Here are a few key verses that address these themes:

1. James 1:2-4: "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything."

This passage emphasizes that trials and challenges are opportunities for growth and strengthening of faith.

2. Romans 5:3-5: "Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does

not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us."

Here, suffering is seen as a process that leads to perseverance, character development, and ultimately, hope.

3. 2 Corinthians 12:9-10: "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, ... am strong."

This passage highlights the idea that God's grace and strength are most evident in our weaknesses and challenges.

4. Psalm 34:17-18: "The righteous cry out, and the Lord hears them; he delivers them from all their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit."

These verses offer reassurance that God hears the cries of the afflicted and is close to those who are suffering.

5. Isaiah 41:10: "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

This verse provides comfort and assurance that God is always with us, providing strength and support.

These passages illustrate that while hardships and challenges are part of life, they also provide opportunities for spiritual growth, character development, and a deeper reliance on God's strength and grace. Source: Co-Pilot

Chaplain Don Biadog, Jr.



The Lemon tree was actually dying a few years ago but miraculously came back and started bearing fruits.
Date captured: February 13, 2025, Carmel Mountain Ranch, San Diego, CA



TRIVIA NIGHT

Think you're the ultimate trivia champion? Prove it at our Trivia Night showdown! Bring your A-game and compete for glory!

SATURDAY, MARCH 8



**STEAK DINNER
SERVED 5:30 PM
TRIVIA STARTS 6PM**

\$25 PER PERSON INCLUDES STEAK & TRIVIA



VFW POST 7907, 12342 OLD POMERADO RD, POWAY



FRIDAY NIGHTS

VFW POST 7907

1ST FRIDAY

Fried Chicken dinner
1 breast OR 1 thigh & leg
coleslaw
potato salad
dessert
\$12

2ND FRIDAY

Burgers
fries
coleslaw
dessert
\$12

3RD FRIDAY

Spaghetti
salad
garlic bread
dessert
\$12

4TH FRIDAY

Fried Cod
fries
coleslaw
dessert
\$15

**DINNER SERVED
6PM - 7:30PM**



District 1 Auxiliary
Cash Calendar

FUNDRAISER
APRIL 2025



BUY A \$20 CALENDAR AND YOUR CALENDAR WILL BE ENTERED FOR A DAILY DRAWING TO WIN THE PRIZE FOR THAT DAY DURING THE MONTH OF APRIL 2025!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		\$25	\$15	\$20	\$15	\$35
6	7	8	9	10	11	12
\$25	\$10	\$15	\$30	\$35	\$25	\$20
13	14	15	16	17	18	19
\$25	\$30	\$50	\$10	\$20	\$45	\$15
20	21	22	23	24	25	26
\$20	\$40	\$10	\$40	\$15	\$25	\$50
27	28	29	30			
\$30	\$20	\$25	\$15			

THANK YOU TO OUR SPONSOR

Keep KIC in mind for

- ✓ Fire, flood, mold
- ✓ Bathroom & kitchen remodeling
- ✓ Roofs, windows & exterior repairs

KIC
Restoration Inc.
call 858-859-1998
email - info@kicrestoration.com

PLEASE FILL OUT AND RETURN THIS BOTTOM SECTION WITH PAYMENT - AUXILIARY TO TURN IN BY 3/21/25

EMAIL

BUYERS NAME: _____ PHONE: _____
 EMAIL: **VFW7907AUXILIARY@GMAIL** 7907



VFW Post 7907 invites you to

EASTER BRUNCH & BUBBLY

April 20, 2024
10 a.m. - 1 p.m.

12342 Old Pomerado Rd., Poway
we appreciate RSVP's but we do
welcome walk-ins
email vfw7907events@gmail.com

SEE YOU THERE!

Around the Post

First Responder Of The Year Award Presentation - Feb 2025



CDR Kimble & the comrades at the Scripps Ranch Fire Station presenting comrade Captain Bill Waugaman, VFW 7907, First Responder Of The Year.

Super Bowl Party - Feb 9, 2025



All in attendance stood for the National Anthem during the opening ceremonies.



Vern DuMolt, Paula Jansen & LeAnna Brown



Fun was had by all.

General Meeting - Feb 20, 2025



Pledge of Allegiance.



Swearing in two new members.

Sunday Breakfast - Feb 23, 2025



We would love to see you at our next meeting on March 20th



OK, Commander close the meeting already!



Thank you CDR Kimble for making 100 biscuits.

Thank You to Our Sponsors and Volunteers

JG PLUMBING
LIC. # 1068703

James L. Gordon
Owner/Operator

(858) 776-7480 Call For A Free Estimate!

VFW Life Member

James Riley
(619) 569-9655
james@watkinsrealtygroup.com
DRE Lic. #02225409

WATKINS REALTY GROUP REALTOR * RESIDENTIAL & INVESTMENT PROPERTIES
5703 Oberlin Drive, San Diego, CA 92121

KIC Lic# 984653
Restoration Inc.

Jason Widmer
President

Main (858) 859-1998 Ext. 103 | Mobile (858) 956-4545 | jason@kicrestoration.com

BLOCK ISLAND DECK & PATIO
ALL Exterior Wood Repair, Restoration & Replacement
A Division of Block Island Remodeling CA Lic.#233273

Rick Di Lella
General Contractor

13001 Treecrest Street
Poway CA, 92064
blockisland7@cox.net
blockislanddecks.com

Mobile (619) 248-2870
Office (858) 668-3356
Fax (858) 842-1720

Your business card could be here

Contact the Quartermaster for more information.

Your business card could be here

Contact the Quartermaster for more information.

Anthony DeGasperis
BROKER/OWNER · DRE #01229090

619-379-7730
anthony@sdhometeam.com
www.sdhometeam.com

RECOGNITION OF EXCELLENCE 2020 OFFICIAL AWARD WINNER GOLD

degasperis and associates
REAL ESTATE

www.SDHomeTeam.com

Refer me to a friend or family member and when we Close Escrow I will give you \$500 AND donate \$500 to the VFW-Poway Post.

Ask About My **\$500** Referral Fee...

& My Donation of \$500 to VFW-Poway

Call Me Today!
619-379-7730

Call for Details!

POWAY SIGN COMPANY
3840 Oak Knoll Road • Suite B
Poway, CA 92064

Mike Appling
Owner
858-437-3093
getsigns@powaysigncompany.com
CA LIC #988631
www.powaysigncompany.com
12320 Oak Knoll Road, Suite B
Poway, CA 92064

Your business card could be here

Contact the Quartermaster for more information.

We Understand Commitment

You can rely on Edward Jones for one-on-one attention, our quality-focused investment philosophy and straight talk about your financial needs. To learn more, call today.

Bill Bauerle
Financial Advisor
13426 Community Rd Ste C
Poway, CA 92064-4712
858-746-6493

edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Dr. Mark Burdette
Chiropractor

Community Chiropractic Center

13029 Pomerado Rd., Ste. A
Poway, CA 92064
(858) 486-1222
www.CCCpoway.com

DQ

Franchisee: Craig Engler
Veteran Owned

Locations

5950 Santo Road, San Diego, CA 92124
70 Town Center Parkway, Santee, CA 92071
1031 S. Santa Fe Avenue, Vista, CA 92084

MARCH 2025



Sun

Mon

Tue

Wed

Thu

Fri

Sat



Get Your Birthday Drink!

Are you a Post or Auxiliary Life Member and is your birthday this month, then have a drink on us!

<p>1 3:00 PM - 9:00 PM</p> <p>8:00AM Saturday Work Party</p>							
2 Canteen Closed	3 3:00 PM - 6:00 PM	4 3:00 PM - 8:00 PM	5 11:00 AM - 6:00 PM	6 3:00 PM - 6:00 PM	7 4:30 PM - 9:00 PM	8 4:30 PM - 9:00 PM	
		<p>5:30PM Fat Tuesday Jambalaya Dinner Donation: 12.00</p>	<p>11:30AM Chicken Tetrassini, green beans & dessert Donation: 12.00</p>		<p>5:30PM Fried chicken (1 breast OR 1 thigh & leg), coleslaw, potato salad & dessert Donation: 12.00</p>	<p>8:00AM Saturday Work Party 5:30PM Steak Dinner & Trivia Donation: 25.00</p>	
9 Canteen Closed	10 3:00 PM - 6:00 PM	11 3:00 PM - 8:00 PM	12 11:00 AM - 6:00 PM	13 3:00 PM - 6:00 PM	14 4:30 PM - 9:00 PM	15 3:00 PM - 6:00 PM	
		<p>6:00PM Auxiliary General Meeting</p>	<p>11:30AM Corned Beef & Cabbage with potatoes Donation: 12.00</p>	<p>3:00-7:00PM Hall Rented</p>	<p>5:30PM Burger, fries, coleslaw & dessert Donation: 12.00</p>	<p>8:00AM Saturday Work Party 10:00AM-1:00PM Vietnam Veterans Association Meeting</p>	
16 Canteen Closed	17 12:00 PM - 6:00 PM	18 3:00 PM - 6:00 PM	19 11:00 AM - 6:00 PM	20 3:00 PM - 6:00 PM	21 4:30 PM - 9:00 PM	22 3:00 PM - 5:00 PM	
	<p>12:00-1:00PM St. Patrick's Day Lucky Irish Stew Donation: 7.00</p>	<p>6:00PM VFW Post Officers / House Committee Chair Meeting</p>	<p>11:30AM Beef Tips in gravy, mashed potatoes & veggies Donation: 12.00</p>	<p>6:00 PM VFW 7907 Post Meeting Happy Hour 7:00 PM VFW 7907 Post Meeting</p>	<p>5:30PM Spaghetti, salad, garlic bread & dessert Donation: 12.00</p>	<p>8:00AM Saturday Work Party 5:00PM District Auxiliary President Homecoming</p>	
23 8:30 AM - 12:00 PM	24 3:00 PM - 6:00 PM	25 3:00 PM - 6:00 PM	26 11:00 AM - 6:00 PM	27 3:00 PM - 6:00 PM	28 4:30 PM - 9:00 PM	29 3:00 PM - 6:00 PM	
<p>9:00 - 11:00AM Breakfast 2 eggs (made to order), hash browns, Bill's biscuits & gravy, bacon or sausage Donation: Adult meal - 12.00; Kids meal - 8.00</p>			<p>11:30AM Pork Roast, potatoes, & corn Donation: 12.00</p>		<p>5:30PM Deep fried cod, fries, coleslaw & dessert Donation: 15.00</p>	<p>8:00AM Saturday Work Party</p>	
30 Canteen Closed	31 3:00 PM - 6:00 PM	<p>Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.</p>					