



NEWS FROM LT FRED L. KENT • VFW POST 7907 POWAY, CA



VETERANS OF FOREIGN WARS.

Post 7907



Never Forget

POST MONTHLY MEETING SCHEDULE

Please Join Us

Event Planning Meeting
No meeting this month

Auxiliary General Meeting
6:00 PM | No meeting this month

**VFW Post Officers/House Committee
Chair Meeting**
6:00 PM | No meeting this month

VFW 7907 Post Meeting
7:00 PM | Thursday - June 11

House Chairman Clean Up/Working Party
8:00 AM | Saturday Mornings

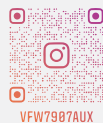
 **Veterans
Crisis Line**
DIAL 988 then PRESS 1



VFWPost7907



VFWPost7907Aux



VFW7907AUX

Have an article for *The Patriot*? Please submit your articles no later than the 21st of each month. Send your submission to VFW7907@gmail.com with *Newsletter Submission* in the subject line.

COMMANDER'S CALL:

Greetings, Comrades, Auxiliary members, Families, and Friends of the Post,

This will be my last newsletter input before the New Commander, Butch Beltrain, takes the watch. Please show him the support and respect you all have shown me. His knowledge and experience of everything VFW will be a huge benefit for all of us; he will keep our Post heading in the right direction for the 2026/2027 year.

Thank You, 2025/2026 officers and comrades, for all the hard work making sure that any Veteran who needed a hand up was met. And to all those volunteers giving their unselfish hours making repairs and cleaning the Post and its grounds. If I had a nickel for every time I heard how wonderful our Post is from all the other District commanders, well, let's just say our coffers would be overflowing. Bravo Zulu.

Working equally as hard is Madame President Dawn and her Auxiliary team; our unique relationship with them is like no other throughout the district. Their support truly made a difference here at our Post. From the bottom of my heart, Thank You.

It has been an honor being your commander five times. I'm looking forward to watching our Post grow and the younger comrades making their mark in the future of the VFW. Remember, "No One Does More for Veterans".

If anyone knows of a veteran or their family in need, please contact Commander Butch, Benefits Officer Ed, or Chaps Don.

See you around the Post,

Commander Bill

2026-2027 Officers



Post 7907

- Post Commander – Butch Beltrain
- Sr. Vice Commander – Jason Widmer
- Jr. Vice Commander – Zack Walters
- Quartermaster – Tim Ragnar
- Chaplain – Don Biadog, Jr.
- Surgeon – Chuck Grady
- Service Officer – Ed Ozmun
- Adjutant – Paula Jansen
- Judge Advocate –
- Guard – Henry Flores
- 1st Year Trustee – John Schiltz
- 2nd Year Trustee – Bryan Gust
- 3rd Year Trustee – Greg Miller
- House Committee Chairman – Chris Johnson
- Membership Chairman – Deanna Smith
- Officer of the Day – Jim Cook
- Canteen Manager – Vern DuMolt

Auxiliary Officers



- President – LeAnna Brown
- Sr. Vice President – Noel Gilchrist
- Jr. Vice President – Mary Gust
- Secretary – Kacyenne Barber
- Treasurer – Kacyenne Barber
- Chaplain – Christy Schiltz
- Guard – Mike Cobb
- Conductor – Karen Kimble
- 1st Year Trustee – Patty Wolinski
- 2nd Year Trustee – Erin Gilchrist
- 3rd Year Trustee – Carin Ozmun



Around the Post

Post General Meeting - May 21, 2026



Paula swearing in the 26/27 Post officers.



CDR Kimble swearing in a new member, Manny.

Flag Retirement - May 21, 2026



Flag retirement crew hard at work with mascot, AKA Hunter.

FROM THE AUXILIARY PRESIDENT:

The time has come for me to step down as Auxiliary President. Before I do, I want to thank all of the Auxiliary members for my amazing going away basket. It was so extremely generous and the messages brought to tears to my eyes. I am truly honored and so very grateful to be a part of Auxiliary 7907.

I have every confidence that our Auxiliary members will continue to support and help LeAnna as she takes over as President.

Again, THANK YOU All for, well, everything!

Your Auxiliary sister,

Dawn Ragnar



Outgoing Auxiliary President, Dawn Ragnar, and new Post member, Lari Castle.

FROM THE CANTEN MANAGER

The past month has been a busy one for the Post and Canteen with hall rentals and other events. We have new members coming in and some members from other posts who have come to check us out. I'm also happy to say Tony Berhle and Tracy Cataldo are back after long absences. Not only does this lighten the work load for the Team, it's also nice to have their personalities behind the bar again. Welcome back!

Finally, please welcome our newest team member Lari Castle, VFW Life Member. She joined the team last month and is quickly making a good impression among our members. She'll be working some Tuesdays and Saturdays while some of us travel this month but we hope to have her on a regular schedule shortly after.

In closing, I thank you all for your support, wish you safe travels for the summer, and look forward to your return.

Vern DuMolt



I WANT YOU FOR THE SATURDAY MORNING WORK PARTY

Each Saturday at 8:00 AM at the Post
For more info, contact
Tim Ragnar at timragnar@gmail.com



Lic# 984653

KIC

Restoration Inc.

Jason Widmer
President

Main (858) 859-1998 Ext. 103 | Mobile (858) 956-4545 | jason@kicrestoration.com



**Quality Work,
Honest Prices,
No Surprises**

**Mention This Ad for
Special VFW Discount!**

(619) . 639 . 1333
support@everythinggaragedoors.co
www.everythinggaragedoors.co

**Veteran- & Family-Owned
12+ Years of Experience**



FUNDRAISERS

COMING SOON

June, July & August
there will be opportunity
drawings to support
Shelter to Soldier!



HAPPY 250TH AMERICA!

4TH *OF* JULY

VETERANS PARK 11AM
VFW POST 7907 - IMMEDIATELY AFTER
FREE HOT DOG LUNCH &
5TH ANNUAL CLASSIC CAR SHOW

FRIDAY, JULY 4

OPEN TO THE PUBLIC
12342 OLD POMERADO RD,
POWAY



Sept. 26th

100% of proceeds go to
SHELTER TO SOLDIER

'RIBAPALOOZA'

**TAKE HOME
DINNER**

DINNER FOR 2

Full rack of bbq ribs

Bill's Baked Beans & slaw

Rolls & butter

Ole Fashion Peach Cobbler

\$40

[dinner for 1 is 1/2 rack for \$20]

Saturday, 9/26

pick up 12pm - 3pm

TICKETS GO ON SALE

JULY 4TH



Honoring Fathers on Father's Day: Strength, Compassion, and Lasting Legacy

Father's Day is a sacred opportunity to honor the men whose strength, guidance, and love have shaped our lives. Whether they are biological fathers, adoptive fathers, stepfathers, grandfathers, mentors, or father figures who stepped in when life created a gap—today we celebrate the men who stand in the gap with courage and compassion.

The Qualities of a Good Father

A good father is not defined by perfection but by presence. He is a steady anchor in the storms of life and a gentle guide in moments of uncertainty. His qualities shine through daily acts of love:

- Integrity – He keeps his word and leads by example.
- Courage – He faces challenges with quiet strength.
- Wisdom – He offers counsel shaped by experience and humility.
- Patience – He listens, teaches, and walks beside his children.
- Love – He gives sacrificially, often without recognition.

Scripture reminds us of this noble calling:

"The righteous man walks in his integrity; his children are blessed after him." — Proverbs 20:7

Compassionate Traits That Shape a Home

A compassionate father is tender without losing strength. He comforts, encourages, and protects. His compassion mirrors the heart of God:

"As a father has compassion on his children, so the Lord has compassion on those who fear Him." — Psalm 103:13

His compassion teaches children that love is not weakness—it is power under control.

Work Ethic: The Silent Sermon

Many fathers preach their greatest sermons not with words but with their work ethic.

They rise early, labor faithfully, and provide with dignity. Their hands may grow weary, but their hearts remain committed.

Their dedication echoes the biblical call:

"Whatever you do, do it heartily, as to the Lord and not to men." — Colossians 3:23

The Challenges Fathers Face Today

Modern fathers carry heavy burdens:

- Balancing work and family
- Navigating financial pressures
- Leading in a rapidly changing culture
- Protecting their families spiritually and emotionally
- Overcoming personal wounds from their own upbringing

Yet even in these challenges, God strengthens them:

"My grace is sufficient for you, for My strength is made perfect in weakness." — 2 Corinthians 12:9

Advice From a Respectful Father

A wise father often offers simple but profound counsel:

- "Be humble enough to apologize."
- "Lead with love, not fear."
- "Teach your children to know God, not just to know rules."
- "Show up—your presence is more powerful than your perfection."

The Qualities of a Godly Father

A godly father is one who seeks God first. His life reflects:

Faithfulness, Prayerfulness, Servant leadership, Moral courage, & Unconditional love

He models the heart of our Heavenly Father:

"The father of the righteous will greatly rejoice." — Proverbs 23:24

A Father's Legacy

An outstanding father leaves more than memories—he leaves a legacy:

- Values that outlive him
- Faith that inspires generations
- Love that continues to shape lives long after he is gone
- His legacy becomes a spiritual inheritance.

For the Orphan and the Fatherless

Father's Day can be tender for those who grew up without a father. Yet God, in His mercy, often provides father figures—uncles, coaches, pastors, mentors, teachers—men who step into the role with love and purpose.

Scripture offers comfort:

"A father to the fatherless, a defender of widows, is God in His holy dwelling." — Psalm 68:5

These father figures shape young men and women with encouragement, discipline, and hope. Their impact is immeasurable.

A Final Word of Blessing

Today we honor all fathers—those who walk among us and those who now rest in heaven. I stand among those who lost their fathers at a young age; I was only ten when my forty-two-year-old father passed away. Yet even in that loss, the Lord was faithful. He placed godly "father figures" in my life—men who mentored me, guided me, and loved me when I needed it most.

Today we honor the men who raised us, the men who taught us, and the men who stepped into the gap when life required it. We honor the fathers by birth, the fathers by choice, and the fathers by calling.

May every father be strengthened and encouraged.
May they be reminded that their role is sacred,
their influence eternal,
and their love a reflection of the Father's own heart.

To all the veterans who are fathers, grandfathers, and father figures—thank you. Your courage, sacrifice, and steadfast love continue to shape families, communities, and generations.

Happy Father's Day. May God bless you and keep you as you leave a legacy that will outlive your years.



This photo was captured on October 28, 2024 of some of the 200 children and Calvary Chapel Home (CCH) staff currently living in the big house of Gunnery Sergeant "Tatay" Joe Rosmarino (middle in light blue shirt), USMC Vietnam veteran, co-founded the Calvary Chapel Home in 1988 in Bacolod City, Negros Occidental, Philippines. Joe and Billie (lady in red color dress) have raised two biological children and almost 1,000 children in their home. Joe is affectionately called "Tatay" which means father.

Memorial Day

Dearborn Memorial Park & Poway Veterans Park - May 25, 2026



Fred, Henry & CDR Bill Buddy Poppy table at Poway Veterans Park.



Fred, Bryan, Greg, Jason & Butch



Butch, Jason, Greg, Bryan, & Fred performing the ceremony at Dearborn.



Butch & Fred placing the wreath on LT Fred L. Kent's grave.



Beautiful wreath for LT Fred L. Kent gravesite.

All Gave Some. Some Gave All.

At the Post - May 25, 2026



Charlie's Angels



There was a large turnout at the Post after the ceremony at Dearborn Memorial Park.



Patty, Vern & Bill



Thanks to Dustin for grilling up round two.

*"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude."
– Harry S. Truman*

Around the Post

Vietnam Veterans Meeting - May 16, 2026



CDR Bill preparing meatloaf for the Vietnam Veterans Association lunch.

Good Eats - May 2026



Christina serving our wonderful Sunday breakfast on May 17.



Karen, Fred & CDR Kimble



Thanks Butch, Ray & Fred for the wonderful fried chicken dinner on Friday, May 8.



Karen serving during the VVA lunch.



Thanks to Ray & Fred for preparing yet another wonderful lunch.

Patti & Ray at the fried fish or chicken basket lunch on Wednesday, May 27.

The Post Around Town

Flag Raising for Memorial Day - May 22, 2026



Butch, David, Lavon, Ray, Richard, Henry, Greg, Bryan, Oscar & CDR Bill at the Mount Carmel High School flag raising.



Butch addressing the students.



Bryan, Greg & Oscar preparing to raise the flag.


Serving Veterans - May 22, 2026



CDR Bill & Fred repaired Mrs. Wilcox's flag pole and raised a new flag, her deceased husband was a veteran.

JUNE 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 3:00 PM-6:00 PM	2 3:00 PM-6:00 PM	3 11:00 AM-6:00 PM 11:30 AM-12:30 PM Pulled pork sandwiches, Bill's baked beans & coleslaw 12.00	4 3:00 PM-6:00 PM	5 3:00 PM-9:00 PM 6:00 PM-7:30 PM 2 tacos, rice & beans 12.00	6 3:00 PM-6:00 PM 8:00 AM Saturday Work Party 2:00 PM-3:00 PM Cooties Scratch
7 Canteen Closed	8 3:00 PM-6:00 PM	9 3:00 PM-6:00 PM 6:00 PM No Auxiliary General Meeting	10 11:00 AM-6:00 PM 11:30 AM-12:30 PM Dirty spaghetti, salad & rolls 12.00	11 3:00 PM-6:00 PM 6:00 PM VFW 7907 Post Members Only Happy Hour 7:00 PM VFW 7907 Post Meeting	12 3:00 PM-9:00 PM 6:00 PM-7:30 PM Burgers, potato salad & coleslaw 12.00	13 3:00 PM-6:00 PM 8:00 AM Saturday Work Party
14 Canteen Closed	15 3:00 PM-6:00 PM	16 3:00 PM-6:00 PM	17 11:00 AM-6:00 PM 11:30 AM-12:30 PM Baked chicken, roasted potatoes & veggies 12.00	18 3:00 PM-6:00 PM	19 3:00 PM-9:00 PM 6:00 PM-7:30 PM Manicotti & garlic bread 12.00	20 3:00 PM-6:00 PM 8:00 AM Saturday Work Party 10:00 AM-1:00 PM Vietnam Veterans Meeting
21 Canteen Closed Happy Father's Day	22 3:00 PM-6:00 PM	23 3:00 PM-6:00 PM	24 11:00 AM-6:00 PM 11:30 AM-12:30 PM Lasagna, salad & bread sticks 12.00	25 3:00 PM-6:00 PM	26 3:00 PM-9:00 PM 6:00 PM-7:30 PM Fried chicken, mashed potatoes, green beans 12.00	27 10:00 AM-6:00 PM 8:00 AM Saturday Work Party
28 10:00 AM-1:00 PM 10:00 AM - 12:00 PM Eggs to order, biscuits & gravy, sausage, bacon, potatoes, pastries & fruit; French toast sticks & pancakes for the kids 12.00	29 12:00 PM-4:00 PM	30 3:00 PM-6:00 PM	<p>Happy Birthday! To all our Post and Auxiliary Members who have a birthday this month. Come on down to the Post and celebrate with us!</p> 			

Please Note: We make an effort to list the meals accurately. However, menu items may change. Please check the Post menu board or call the Post to verify.